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Today

**EGM & Sharing by PP Tim Lui, GBS, JP
on 2026 “Two Sessions” & China Visit**

Last Meeting (15 April 2026)

**Dr. Keith Wan, Team Doctor of the Hong
Hong China Men’s Football Team**



Members Present at Last Meeting:

President Lawrence Lui	PP Bernard Lee	Rtn Peter Yeung
PDG Norman Lee	PP Paul Chan	Rtn Tommy Yeung
PP Henry Chan	IPP Bonnie Yeung	
PP Rudy Law	Rtn Raymond Chu	

Visiting Rotarians

AG Wilson Shum, HK Northeast

Guests

Ms. Amy Tang, spouse of Rtn Tommy Yeung
Mr. Thomas Kuruma, Ms. Swing Lau,
guests of President Lawrence Lui

On our 15 April 2026 dinner meeting, Dr. Keith Wan, Team Doctor of the Hong Kong China Men's Football Team, joined us for an engaging talk on sports medicine.

Dr. Wan is a close friend of President Lawrence Lui since their school days at St. Paul's College. He has been on the pitch-side for over 40 international fixtures since joining the squad in 2023. Among the highlights of that journey: when Hong Kong made history and qualified for the Asian Football Confederation Asian Cup Finals, the team's first in 56 years.



Dr. Wan opened with a candid observation: in a football team, the doctor is just one small piece of a large puzzle. Unlike in a hospital, decisions are shared across coaches, analysts, physiotherapists, and support staff. "Communication is key," he said. "Even when you know you are right, it takes a lot of convincing."

When the national football team plays, FIFA only allows a short window of 9 to 10 days for the squad to gather, prepare, and play — so there's no time to waste. Before every trip abroad — to Singapore, Bhutan, Turkmenistan, or Qatar — Dr. Wan does his homework: he checks what the local hospitals are like, how clean and safe the conditions are, what the weather will be. He packs a medical kit tailored to each destination, has got the players into the habit of using masks and hand sanitiser, and makes sure every player's hotel room has bottled water so no one risks getting sick from tap water. "Having just one extra fit player can decide whether you win or lose," he said. "These small advantages add up."

On the pitch, Dr. Wan described the split-second decisions required when a player goes down — assessing in seconds whether there is a life emergency, a manageable injury, or grounds for substitution. He touched on concussion protocols, noting that under current rules, only the team doctor — not the coach — can call a concussion substitution, safeguarding the medical decision.

He also shared experiences of extremes: monitoring oxygen saturation at 2,600 metres altitude in Bhutan, and managing player welfare in 41-degree heat in Turkmenistan, where FIFA-mandated cooling breaks became critical recovery windows.

But it was the human side of the role that left the deepest impression. When an injured player walks off the field, his mind is full of fears about his contract, his family, his future. "All you can do is walk the journey with them," said Dr. Wan. "Be there in the most difficult moment of their career." He does all of this as a volunteer — he has never received a dollar for his service to the team.

He closed with footage from Hong Kong's first-ever match at the new Kai Tak Stadium in June 2025 — a game settled by a dramatic last-minute winner that sent the home crowd into celebration. "It feels very special to be part of a team I have been passionate about for decades," he said.



President Lawrence thanked Dr. Wan warmly, and a lively Q&A followed covering anti-doping procedures, the pathway to becoming a football team doctor, and recovery timelines for serious injuries.

PDG Norman Lee gave the vote of thanks.

PP Henry Chan in the Spotlight: Mark Six Turns 50

PP Henry Chan was featured prominently in the media as a guest of honour at the opening ceremony of the "Mark Six 50th Anniversary Exhibition", held at Tai Kwun, Central, from 1 to 10 May 2026.

A former Executive Director of Betting Operations at the Hong Kong Jockey Club and former Chairman of the Asia Pacific Lottery Association, PP Henry joined the HKJC in 1974 and was a personal witness to the launch of Mark Six in 1976.

Affectionately known as "楷叔", he is widely credited as a pioneering figure in Hong Kong's wagering industry — earning the nickname "賭神" for introducing many innovative betting products, and recognised as the "Father of the 3T" in horse racing.

Reflecting on the lottery's milestone, PP Henry expressed pride in Mark Six's many contributions to Hong Kong society over five decades. The 50th Anniversary Snowball Draw on 2 May set a record with a HK\$228 million First Division Prize Fund, drawing total ticket sales of over HK\$300 million — a testament to the enduring place of Mark Six in the hearts of Hong Kongers.



Club Leadership Learning Seminar

President Lawrence, PDG Norman Lee, PP Jonathan Lamport and PP Nancy Yee were at the Rotary District Club Leadership Learning Seminar (CLLS) on 18 April 2026.

PP Jonathan delivered The "Create Lasting Impact" keynote talk, connecting his personal journey from joining the Rotary Club of Hong Kong Island East to his current role in the Legislative Council to illustrate a message of service.

He emphasized that meaningful community contribution does not require complex theories, but rather a "pure, original intention" to do good. The event's theme aligns with the 2026-27 Rotary International presidential message introduced by RI President-elect Olayinka Babalola, which challenges members to move beyond short-term outcomes toward sustainable, transformative change locally and globally.



Happy Birthday to our Splendid May Birthday Members

11th - Rtn John Yau



Youth Services Activities



The HKCRA Go Chess Competition was conducted on 26 April 2026 in Kowloon Tong School. PP David Li and Amy, PP William Wong and Fanny, PP Stacy Ho, PP Bernard Lee, PP Nancy Yee, Rtn Jason Chiu, Rtn Kevin Leung, Rtn Christian Li and Rtn Simon Ng joined together in service.



On 28 April 2026, Ba Duan Jin teacher 張鎮興老師 went to CCC Kei Wan Primary School to explain and show how it can help elderly stay agile and healthy. Junioractors will bring the basic skills to elderly visits. The third Junioract board meeting continues on 29 April 2026, where details of the upcoming service arrangements were planned.



During this upcoming meeting on 6 May, we shall be hosting two students observers from the Child Development Initiative Alliance Youth Work-Explorer program, a workplace education initiative that empowers under-resourced yet high-potential youth by matching them with real-world work experiences tailored to their specific interests and talents.



Louise



Tracy

Louise is a psychology student in Lingnan University with passion for animation and illustration, while Tracy is an accounting student at the Hong Kong Polytechnic University who likes playing the guitar and wishes to broaden her horizons and contribute more to society. Both of them had been mentored and trained by the program on workplace and social skills, including team management, self awareness, personalities, as well as inter-personal and presentation skills.

- Club postal address** : Room 36, 2/F, Jumbo Industrial Building, Kwun Tong, Hong Kong
- Meeting Schedules** : Every 1st Wednesday 12:30pm at Regal HK Hotel
: Every 3rd Wednesday dinner time at other venues
- Website** : <http://hkie.rotary3450.org/>