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Bonnie Yeung

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PDG Y.K. Cheng

PDG Norman Lee

**Today (4 June 2025):**

**Dr. Gilbert Wong**  
**Negotiation Expert at**  
**Hong Kong Special Forces**

**Last Meeting (21 May 2025): Dr. Kwan Fu Kin**

**From the Wisdom of 'I Ching' 易經**  
**to the Perspective of Modern Medicine**



### **Members Present:**

President Bonnie Yeung

PP Laurence Chan

PP Andrew Chen

PP Rudy Law

PP Bernard Lee

PP George Leung

PP David Li

PP Eddy Wong

PP William Wong

PP Leo Yu

IPP Rico Fung

PE Lawrence Lui

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### **Visiting Rotarians:**

AG Mark Tong, Hong Kong Harbour

### **Guests**

Dr Kwan Fu Kin & Miss Bella Lei (Rtn Christian Li)

President Bonnie introduced our guests. May is Youth Service Month. The Rotaract Advisors Orientation will be held on 19 July 2025 in the afternoon via zoom in Cantonese. President Bonnie will be host of the orientation.

District Installation will be held on 12 July 2025. Mongolia visit will take place from 21 to 25 August and Rotaractors are welcome.

Club Installation will be on 2 July 2025 during our regular meeting.

President Bonnie shared photos of the Hong Kong Outstanding Student Ambassadors Award.



Rtn Christian Li introduced the guest speaker for today, Dr Kwan Fu Kin. Dr Kwan's first degree was in Electronic Engineering. While working as a researcher at HKU, he was seconded to World Health Organization for a project requiring mathematics skills for genetic analysis, during which he also had the opportunity to undertake postgraduate studies at Oxford University.

His professor saw much spoiled food in transit to refugees in Nigeria. Dr Kwan had the opportunity to create with him genetically altered food that would be more appropriate for use.

In his recent book, Dr Kwan went into Traditional Chinese Medicine (TCM) and wellbeing during summer. In the Chinese "I Ching", there was a story where the queen would kill her servants when her body was not well. Much of the TCM innovation then had the motivation to saving more servants' lives, in addition to maintaining wellbeing.

Dr Kwan also described his research on acupuncture and cardiac health where his engineering knowledge was put to use in the designing of sensors and probes which can collect health data for research. He shared that water quality also play an important role towards reduced aging and smooth skin. The skin also tells a lot on health in the TCM sense, many of which are not found in textbooks.



Before closing, he shared with us his childhood stories having the chance to entering the society at a young age, with the help of a mentor who unconditionally gave him a guarantee which allowed him to study abroad in the first place. This good deed inspired him to return to Hong Kong to contribute, and always honors trust.

PP Eddy Wong gave the vote of thanks.

Red box for the day was HK\$1,000.

## The PolyU CPCE Scholarship and Bursary Award Presentation Luncheon



President Bonnie Yeung and PP Bernard Lee were at the PolyU CPCE Scholarship and Bursary Award Presentation Luncheon.

Two of our Rotaract board members, Internal Vice President Emily Ngai and Honorary Treasurer Kanga Tsang had been nominated as recipients.

We were delighted to know that responses were positive on recruitment of Rotaractors for the Rotary year 2025-2026 at CPCE.



## Happy Birthday to our Splendid June Birthday Members

**2nd** - PP Bernard Lee  
**24th** - Rtn Vagman Wai

**24th** - Rtn Fredrick Wu  
**30th** - Rtn Walter Wong



### 65th District Conference, 24 & 25 May 2025 Macau



The 65th District Conference for District 3450 was held at the Galaxy International Convention Centre on 24 & 25 May, 2025. President Bonnie Yeung, PDG Y.K. Cheng, PDG Norman Lee with spouse Isa, PP William Wong, IPP Rico Fung, and PE Lawrence Lui attended.

The event brought together Rotarians from across the district and beyond to celebrate achievements, and strengthen the bonds of service and fellowship.



The conference featured a diverse lineup of speakers, including Rotary International President's Personal Representative Chun-Wook Hyunn from Seoul, Korea, who shared insights on Rotary's global impact. Attendees also had the privilege of hearing from Olympic Gold Medalist Vivian Kong, whose inspiring keynote speech resonated deeply with the audience. Another highlight was the address by Prof. Gilberto Ka-Kit, who delved into the history of medical training in Hong Kong and the ethical considerations surrounding healthcare funding.



Breakout sessions provided opportunities for Rotarians to engage in discussions on leadership, community service, and mental health awareness. The District Rotaract report featured young leaders sharing their experiences, while a Sound Bath Meditation Session offered a moment of relaxation and reflection. The conference also recognized outstanding contributions, with awards presented to dedicated members for their service to Rotary Foundation.

President Bonnie Yeung was recognized for her Paul Harris Fellow on stage. PDG YK introduced the Keynote Speaker Professor Gilberto Leung at the First Plenary Session. PP Norman Lee chaired the session on Hong Kong Outstanding Student Service Ambassador Award and IPP Rico Fung acted as MC at the Foundation Recognition session.



A notable achievement of this year's conference was its carbon-neutral status, with 45 tons of carbon emissions offset through careful resource management. The event underscored Rotary's commitment to sustainability while fostering meaningful connections among members. As the conference concluded, attendees left with renewed enthusiasm to continue their mission of service, guided by the theme "We Care, We Share".

**Club postal address**  
**Meeting Venue**  
**Meeting Schedules**  
**Website**

: P.O.Box 47064, Morrison Hill Post Office, Hong Kong  
: Regal HK Hotel, Causeway Bay, Hong Kong  
: Every 1st and 3rd Wednesday at 12:30 pm  
: <http://hk.rotary3450.org/>