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PDG Y.K. Cheng

PDG Norman Lee

**Today: Rtn Mofiz Chan on Islamic Finance**

**Last Meeting: Mr Andrew Wong on Work, Personality (MBTI) & Mental Health**



**Members Present:**

President Bonnie Yeung

PDG Y.K. Cheng

PDG Norman Lee

IPP Rico Fung

PP Hubert Chan

PP Stacy Ho

PP Rudy Law

PP Bernard Lee

PP George Leung

PP Eddy Wong

PP William Wong

PP Nancy Yee

PE Lawrence Lui

Rtn Jason Chiu

Rtn Zoe Hui

Rtn Sharon Lam

Rtn Peter Yeung

Guest of PE Lawrence Lui: Spouse Tina

Meeting started with the celebration of PP Stacy Ho's birthday. We also had the opportunity to have all five of our lady Rotarians together to celebrate our first meeting after the Chinese New Year holidays.





IPP Rico Fung had arranged a special Chinese New Year traditional ritual “Lo Hei” (撈起). The tradition involves our senior members mixing a big bowl of good luck ingredients, and the action of mixing up the ingredients in Cantonese are pronounced the same as “prosper in business”.

President Bonnie presented the details on our District Conference, which will be held in 24-25 May 2025. Our club as usual will have sponsored seats for new members who wishes to attend the conference.

There will be a new member orientation in the Fullerton Hotel in March at the Ocean Park. Those who wishes to attend can contact President Bonnie.

Our IPP Dinner will be held on 24 February 2025 at Beijing Home, Wanchai.

Our “Tennis Experience Day” service project will be on 22 March 2025, together with our service partner Ultimate United and our Junioract Club at the CCC Kei Wan Primary School (Aldrich Bay). More details shall be provided later.

PP William Wong had been organising visits to our sister clubs at Niigata and Osaka Jonan. The group will also be going to the opening ceremony of the Osaka Expo.



Our Sister Club at Osaka Jonan had made hotel reservations for us. On 11 April, there will be a club dinner and regular meeting. On 12 April there will be a District Expo opening dinner. On 13 April we will attend the Expo opening. There may be a side trip, then the group will go to Niigata, returning to Hong Kong on the 15th. Rtn Walter Wong, along with Rtn Jason Chiu, PP Andrew Chen, PP Leo Yu, PE Lawrence Lui and PP William Wong and their spouses.



The Chinese New Year Celebration for our Club ended with PE Lawrence Lui acting as Choi Sun (“財神, God of Fortune”), handing out Mark 6 lottery tickets in traditional envelopes dressed in a traditional costume.



## Happy Birthday to our Splendid February Birthday Members

8th - Rtn Christian Li, 20th - PP Stacy Ho



IPP Rico Fung introduced our speaker, Mr. Andrew Wong. Andrew is a registered Psychologist with the Hong Kong Psychological Society, a Chartered Psychologist and an Associate Fellow with the British Psychological Society. He is also a Certified MBTI Practitioner.

During his sharing, he introduced to us the Myers-Briggs Type Indicator, a popular personality assessment tool that categorizes individuals into 16 distinct personality types based on their preferences in four key areas:

**Extraversion (E) vs. Introversion (I):** This dimension indicates where you get your energy from - either from interacting with others (Extraversion) or from spending time alone (Introversion).

**Sensing (S) vs. Intuition (N):** This dimension reflects how you prefer to take in information - either through concrete, factual data (Sensing) or by looking at patterns and possibilities (Intuition).

**Thinking (T) vs. Feeling (F):** This dimension shows how you make decisions - either based on logical analysis (Thinking) or by considering personal values and the impact on others (Feeling).

**Judging (J) vs. Perceiving (P):** This dimension indicates how you prefer to organize your life - either with a structured, planned approach (Judging) or a more flexible, spontaneous approach (Perceiving).

Andrew interacted with us for a simplified self assessment, then proceeded to explain some of the dynamics, differentiating between ability and personality. For example, those who do not enjoy speaking in reality can be a very good speaker. While personality does not usually change, one can adapt and interact well with their opposites, although usually at the expense of consuming mental energy using the process. Those whose personality type matches the environment on the other hand will have their mental energy replenished during the process of interaction.

Understanding one's self personality can help us empathise our family, friends and colleagues and work partners for better relationships, and help us deal with stress in a positive manner.

PP Bernard Lee gave the vote of thanks and announced the red box amount of HK\$1,380.



**Club postal address** : P.O.Box 47064, Morrison Hill Post Office, Hong Kong  
**Meeting Venue** : Regal HK Hotel, Causeway Bay, Hong Kong  
**Meeting Schedules** : Every 1st and 3rd Wednesday at 12:30 pm  
**Website** : <http://hkie.rotary3450.org/>