



Club of Hong Kong Island East

TUNG FENG

Vol.72 No.7

2 October, 2024

Officers

President
Bonnie Yeung
Hon. Secretary
PP Nancy Yee
Hon. Treasurer
IPP Rico Fung

Directors

Club Administration
Rtn Lawrence Lui
Fellowship
Rtn Christian Li
International Service
Rtn Ping Kan
Membership
Rtn Mofiz Chan
Service Projects
Rtn Jason Chiu
Youth Service
PP Bernard Lee

Chairs

Rotary Foundation
PP Eddy Wong
Fellowship
PP William Wong
P.P.E.
PP Bernard Lee

Sergeant-at-Arms

Rtn Lawrence Lui

PP Council

PP George Leung

Club Advisors

PDG Y.K. Cheng
PDG Norman Lee

Today: Club Assembly and Rotaract Club of HK PolyU College of Professional & Continuing Education (CPCE) Visit

Last Meeting: Area 3 Joint Club Evening Meeting - Dr. Luk Che-chung, J.P.



Venue:

Alto 88, 31st Floor, Regal Hong Kong Hotel.

Members Present:

President Bonnie Yeung
PDG Y.K. Cheng
PDG Norman Lee
PP Leo Yu
Rtn Simon Ng
Rtn Eric Poon

Area 3 Clubs and Presidents present were:

President Bonnie Yeung	Hong Kong Island East
President Lucy Lo	Hong Kong South
President Ariel Lai	Hong Kong Northeast
President David Lee	Hong Kong Harbour
President Anny Yip	Happy Valley
President Catherine Giblin	Sai Kung
President Gary Lau	The HUB Hong Kong
President Josephine Mak	Uplift Actions Hong Kong

The meeting started at 7:30pm, with Presidents ringing the Hong Kong Island East bell together.

President Daniel Pätzold of Shouson Hill was out of town.

Presidents gave their club reports. President Gary Lau introduced our guest speaker, Dr. Luk Che-chung who is Vice Chairman & Chief of Medical Services, Virtus Medical.





Dr. Luk Che-Chung, JP, a seasoned senior executive with extensive management experience in Hong Kong. He graduated from the Faculty of Medicine of The Chinese University of Hong Kong in 1986. This is first graduating class in Medicine.

Dr. Luk has held leadership positions in the public hospital system for over 30 years, working at the Hospital Authority Head Office and in four hospital networks. He served as Hospital Chief Executive for nine hospitals and as Cluster Chief Executive for the hospital networks for 21 and 16 years, respectively. He is considered an unsung hero of the SARS crisis, having led teams at Princess Margaret Hospital's intensive care unit, Kwong Wah Hospital, and Wong Tai Sin Hospital of the Tung Wah Group of Hospitals to care for 800 SARS patients.

He retired from the Hospital Authority in 2021 and is currently Vice Chairman and Chief of Medical Services of Virtus Medical Group Limited.

Dr. Luk is currently a board member of The Chinese University, Diocesan Boys' School, and several other tertiary institutions and secondary schools. Additionally, he is an honorary voting member of the Hong Kong Jockey Club and a non-executive director of two listed companies. In 2020, he received the "Distinguished Medical Alumni Award" from his Alma Mater.

Topic : What If your children say, 'I want to study medicine.'

Dr Luke made use of his personal journey to start his sharing. There are many aspects that would require careful consideration. The Chinese University admitted its first class of medical students in 1981. Dr. Luk entered the Chinese U in 1980 and did a year of biological science before joining the inaugural class.

While parents are usually proud of their children if they became doctors and that there are benefits relating to respect and income, medicine is a tough career. Patients might need you at all times, even during holidays, and sacrifices have to be made. It is difficult to maintain good work-life balance and ongoing passion.

In Hong Kong nowadays, a young medicine graduate starts his career at the Hospital Authority. Workload is huge and unpredictable, and there is no ceiling on the amount of work that needs to be done. It can cause frustration and erode into personal well-being. Sometimes incidents occur due to fatigue. Often times, Dr Luk shared with potential medical students the reality of a medical career so they can be more informed before getting into the profession.

Risks of infection may not be apparent during normal days, but at times such as SARS and COVID, it can become a major concern. Healthcare professionals need to be always prepared and stay vigilant. Hong Kong is relatively mild in workplace violence, but in other places the seemingly prestigious profession can be susceptible should unfortunate incidents occur.

Once embarked, the medical profession is likely to be a lifelong profession. It calls for careful thought and consideration on what is the real meaning of being a doctor.



Happy Birthday to our Splendid October Birthday Members



2nd - PP Jonathan Lamport
13th - Rtn Francis Li

7th - Rtn Charles Bien
30th - Rtn John Poon

Helplessness sometimes can hit when there is inadequate resources to give patients the care they need, which could be demoralizing. In the public system, there are easily over 100,000 patients every day. Even if 99.99% cases went well, there will still be many remaining cases where things do not go the way we wish. Secondary damage from the unexpected should be expected. It is important that young doctors understand the risks involved, and make informed judgements in a positive manner.

And if one finds this the suitable path and passes the exams, a rewarding career awaits.

President Lucy Lo gave the vote of thanks. Presidents presented their club flags and present to Dr. Luk.

President Josephine Mak announced the combined red box of HK\$2,000.



Club Activities

On 12 October 2024 there will be a whole-day mental health awareness program in the Central Market. The program is an Area 3 joint service project, organized together with the Rotary Clubs of The HUB Hong Kong, Hong Kong Harbour, Uplift Actions Hong Kong, Happy Valley and Hong Kong South.

Our evening Christmas fellowship shall be held on Friday, 13 December, 2024. Details to be confirmed soon.

Club postal address : P.O.Box 47064, Morrison Hill Post Office, Hong Kong
Meeting Venue : Regal HK Hotel, Causeway Bay, Hong Kong
Meeting Schedules : Every 1st and 3rd Wednesday at 12:30 pm
Website : <http://hkie.rotary3450.org/>