



東風

Rotary 
 Club of
 Hong Kong Island East
TUNG FENG

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16 March 2022

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Online Meeting - March 2, 2022



Meeting Called to order at 1:01PM

Attendees:

P Bernard Lee	PP Stacy Ho	Rtn. Bonnie Yeung
DGE Norman Lee	PP William Wong	Rtn. Christopher Wang
PP David Li	IPP Leo Yu	Rtn. Eric Poon
PP Eddy Wong	PE Rico Fung	Rtn. Peter Yeung
PP Jonathan Lamport	Dir. Mofiz Chan	
PP Nancy Yee	Rtn. Benson Ng	

P Bernard's Guests: Mani Kwok, Eric Wong, Jan Din, Bacon Cheng, Beth Wong

Speaker: Wong Chun-Kiu
Welcome Back: PP Jonathan

P Bernard introduced the guests. Today is our 3rd meeting online due to the COVID-19 situation in Hong Kong.

Happy Birthday to PP Andy and PP David. P Bernard prepared a cake animation and birthday song celebration.

We started accepting Red Box donations online, PE Rico had offered to use his PayMe account.

THE ROTARY CLUB OF HONG KONG ISLAND EAST

香港東區扶輪社週報

Club 16340 District 3450 Chartered on 06 April, 1954 by
Charter President PDG (Uncle) John Yuen

Speaker Wong Chun-Kiu shared his journey as ultra endurance marathon athlete, and his fund raising activities with various charities. All five guests are his supporters.

PP Nancy gave vote of thanks to our speaker.

Online Redbox collection was 1,600HKD.

Meeting adjourned 2:08pm.



Speaker Wong Chun-Kiu and guest Mani Kwok

Rotary Information

District Conference

The purpose of the district conference is to bring together members and community leaders in the district to inspire greater involvement with Rotary, strengthen existing relationships, and to showcase the impact and outreach of Rotary in the world. The event, whether virtual or in-person, should recognize accomplishments of members, clubs, and the district in order to give them a vision of Rotary beyond the club level and to provide a memorable fellowship experience.

The District Conference is one of the most important events in our district, where Rotarians and family experience the power of connection with District on Service Above Self. While the world has encountered unseen challenges from the COVID-19 pandemic, these challenges have motivated us to be more innovative in caring for and serving the underprivileged in our society. Last year, District 3450 ran a joint conference with Rotaractors, giving them a chance to share their service projects and experiences with Rotarians. This allows even more opportunities for Rotarians and Rotaractors to collaborate and learn from each other.



PP Stacy Ho at the 61st District Conference in 2021

The 62nd District Conference



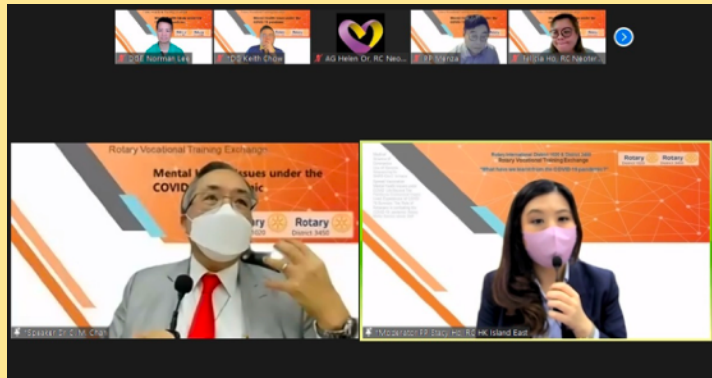
The 62nd District Conference will be held on May 28-29, 2022 at the Nina Hotel, Tsuen Wan, Hong Kong. The board, following past years' practice, will sponsor 8 seats for members to join the event (with priority to new members who did not join the DC before in the past 3 years). If more than 8 members are interested, the additional cost would be shared among by participants (except for new members defined above).

We strongly recommend new members to participate the DC, not just because the Club has reserved resource to sponsor but also a valuable chance for new members to gain Rotary knowledge and interact with other Rotarians.

Rotary Vocational Training Exchange

On March 12, District 3450 and District 1020 held a Rotary Vocational Training Exchange Webinar. PP Stacy Ho was the moderator. Speaker was Dr. C.M. Chan, Chairman of the Hong Kong Association for the Promotion of Mental Health and the Convenor of the Hong Kong Mental Health Council.

The event was very successful. The Webinar maxed out at 100 + registrants and the participants were very engaged and asking Dr. Chan questions.



Dr Chan shared with us:

1. Psycho vaccine
2. COVID VS COVID
3. OMICRON VS OMICRON

He also shared with us the importance of being empathetic and creating a safe emotional space for our love ones. The statistics he shared with us are really eye opening.



COVID Vs COVID

- C – Calm
- O – Open-minded
- V – Ventilate
- I – Introspection
- D - Detach

Omicron Vs Omicron

- O – Optimism
- M – Meditation
- I – Interest
- C – Connection
- R – Recess
- O – Order
- N - Now

Rotaract Club of HKCC Students' Union Vocational Talk

On March 11, Rotaract Club of HKCC Students' Union successfully held the Vocational Talk online. The entire board member pulled late nights together in determination and came up with a very well organized events. Posters and schedules were planned in advance, rehearsals were arranged with all three guest speakers to make sure that they understand the timing and break-out sessions arrangements ahead of the event.

The entire event was well controlled despite of the difficulty of holding the event entirely online. Kudos to the team for taking the heart and sweat in catering for all the needs and wishes of students, speakers, guests and advisors.

The theme, “青年人夢遊仙境” was well thought out and well executed.

Happy Birthday to our Splendid March Members

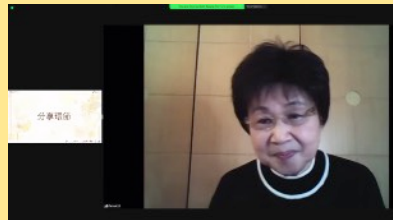


March 2nd: PP David Li
 March 2nd: PP Andy Wong

March 10th: Rtn Jason Chiu
 March 18th: Rtn Angus Leung

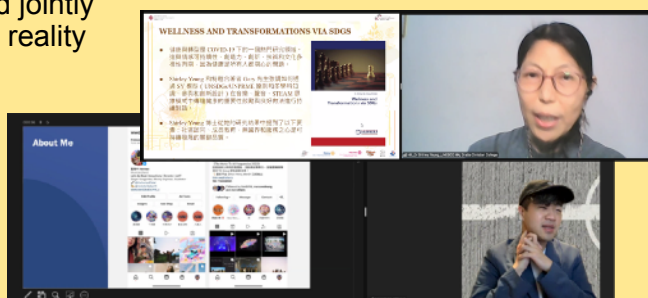
MC Demi Wong started the event. P Bernard gave words of encouragement in Rotary perspective.

First speaker was Carmel Li, retired nurse who shared to the students why she chose her career and why she did it till she retired. Students echoed her feelings in agreement.



Second speaker Tristan Lo, CEO of eSports company described how a eSports career is perceived by family, by friends, and by the public, followed by what it actually is in reality. He also shared with students how he got into the industry what it takes to build, sustain and grow a eSports business.

Herman Wong, singer and KOL presented jointly with his mentor, Dr. Shirley Yeung, on the reality and difficulty one has to overcome before success can be reached as a KOL, and the reason why Wellness is so important. The sincere sharing of truth behind the scenes touched the students fundamentally.



Announcements and Upcoming Events



Club Assembly - 6 April 2022

Next Meeting, 6 April 2022 will be our 3rd Club Assembly of this Rotary Year. PE Rico Fung will lead the meeting with this year's board to report our club affairs.

On the left is screenshot of the latest strategy committee meeting held online, where IPP Leo, P Bernard and PE Rico meet regularly to review our club affairs and to help each other improve and to plan succession. We look forward to the upcoming sharing by PE Rico!

Club postal address : P.O.Box 47064, Morrison Hill Post Office, Hong Kong
Meeting Venue : Regal HK Hotel, Causeway Bay, Hong Kong
Meeting Schedules : Every 1st and 3rd Wednesday at 12:30 pm
Website : <http://hkie.rotary3450.org/>