



東風

Rotary 
Club of
Hong Kong Island East
TUNG FENG

Vol.69 No.18

2 March 2022

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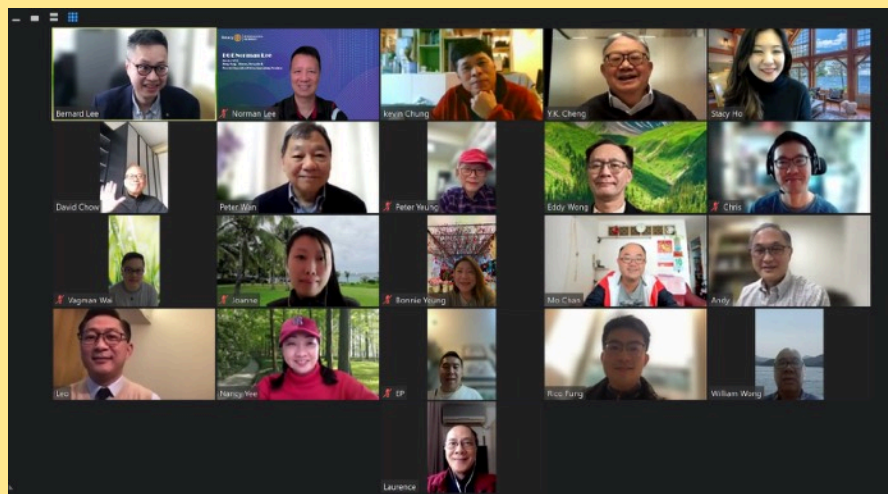
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PP Tim Lui
PP Henry Chan
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Online Meeting - Feb 16, 2022



Meeting Called to order at 1:01PM

Attendees:

P Bernard Lee	PP Nancy Yee	Rtn. Bonnie Yeung
DGE Norman Lee	PP Stacy Ho	Rtn. Christopher Wang
PDG YK Cheng	PP William Wong	Rtn. Eric Poon
PP Andy Wong	PP Leo Yu	Rtn. Peter Yeung
PP Eddy Wong	PE Rico Fung	Rtn. Vagman Wai
PP Laurence Chan	Dir. Mofiz Chan	

Guests:

IPP Leo's Guests: David Chow, Kevin Chung, Joanne Lau
Speaker: PDG Peter Wan

Due to social distancing measures, until the foreseeable future, we are likely to have our meetings online. To make our online meetings more interesting, P Bernard had prepared a cake animation and birthday song celebration.

To date, the following events had been affected:

- Photo Competition has been postponed to next Rotary Year
- Gifted Green Education program is postponed until future notice

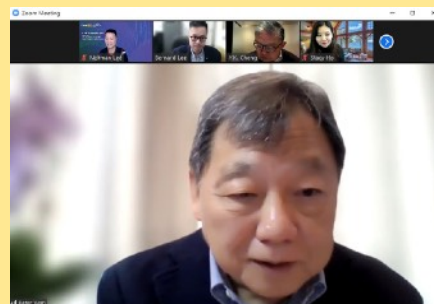
THE ROTARY CLUB OF HONG KONG ISLAND EAST

香港東區扶輪社週報

Club 16340 District 3450 Chartered on 06 April, 1954 by
Charter President PDG (Uncle) John Yuen

- Junioract Club activity is postponed until future notice
- Rotaract HKCC Vocational Talk will be held online

PDG Peter Wan gave his sharing, “Can Rotary be more proactive to help HK in the current difficult time?”. Social unrest and COVID pandemic has affected our daily life, and PDG Peter voiced out the challenge for all of us to rise from our comfort zone of “non remarkable” service projects into something that bears Rotary’s identity in its best days.



Rtn. Peter Yeung thanked the speaker in our usual Rotarian manner. The sharing gears us up to prepare to do more.

Redbox: 800HKD
Meeting adjourned 2:00PM

Rotary Information

Rotary Old vs New Monthly Themes

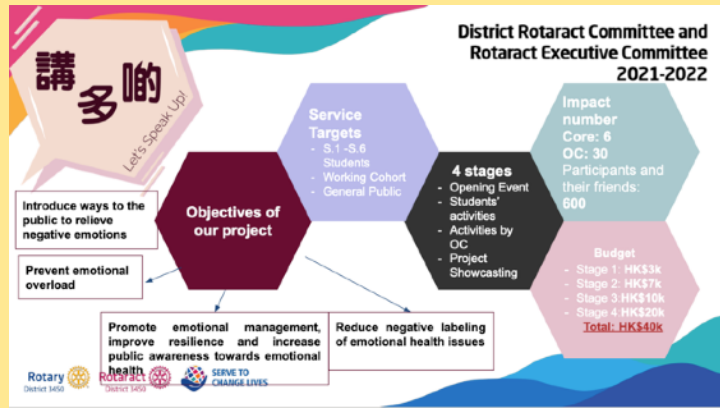
The Rotary International board, in its October 2014 meeting, modified Rotary's calendar of special observances to designate specific months that highlight RI's areas of focus. Here is a chart of the old and new monthly themes during the Rotary Year (July – June).

Month	Old Theme	New Theme
July	Changeover Month	Transition Month
August	Membership & Extension	Membership & Extension
September	New Generations	Basic Education and Literacy
October	Vocational Service	Economic and Community Development
November	The Rotary Foundation	The Rotary Foundation
December	Family of Rotary	Disease Prevention and Treatment
January	Rotary Awareness	Vocational Service
February	World Understanding	Peace and Conflict Prevention / Resolution
March	Literacy	Water and Sanitation
April	The Rotarian Magazine	Maternal and Child Health
May	Education	Youth Service
June	Rotary Fellowships	Rotary Fellowships

The updated themes are designed to provide us with more flexibility to develop our schedule of programs throughout the year.

Sharing from District Rotaract Representative Luffy

In our February 8 Board Meeting, DRR Luffy Chan had shared to us Rotaract activities for the District in the first half of the Rotary Year and plans for the second half of the Rotary Year. There are a few things that we as Rotarians can learn from the Youth in terms of bonding our members and service targets in the social and online world, especially in this time where social distancing needs to be observed.



Our Progress So Far -

Stage 1 (Virtual) - Macau and Mongolia

Date: 30 Oct
Number of Participants: >80

Experiential Sessions

- Art Therapy
- Mindful Eating
- Sound healing

Guests Sharing

- Mental Wellness in your daily life

Queenie: Mindful Eating

Wesa: Sound Healing

Clive: Art Therapy

District Rotaract Committee and Rotaract Executive Committee 2021-2022

The District Service Project "Let's Speak Up!" Encourages everyone to initiate communication around a unified theme - Mental Wellness. It is executed in stages, providing continuity, so the project can build awareness and gather more eyeballs as it progress. The project is designed for wide reach, engaging Macau and Mongolia right away with guest sharing in virtual meetings on three themes - Art Therapy, Mindful Eating and Sound Healing.

Influencers are engaged, starting with founder of Fairy's Heart, survivor of Social Anxiety Disorder who had been writing and sharing numerous articles on mental health while gaining fans and supporters on social media. Experiential sessions focus on real take aways from online sessions to benefit those attend, with practical topics like string art, self dialog, with group sharing in all sessions.

Our Progress So Far -

Stage 2 - Hong Kong (Virtual)

Date: 09 Jan 2022
Number of Participants: ~50

Experiential Sessions

- String Art
- Self-dialogue Experience
- Group sharing

Guests Sharing

- Sharing by the Founder of Fairy's Heart - who experienced social anxiety disorder

Sharing by Ally - Founder of Fairy's Heart

Rise Shine Self-dialogue Experience

String Art

District Rotaract Committee and Rotaract Executive Committee 2021-2022

WRW Influencer Engagement

District Rotaract Committee and Rotaract Executive Committee 2021-2022

Famous Influencers on YouTube & Instagram

Audience bases are mostly youth (our main target)

On-site appearances & 2-hour photo session with visitors and souvenir giving

Increase the number of visitors

Attract external stores owners to join

蛙姐

busboy & 琳琳

Rotary District 3450

World Rotaract Week addressed cultivating youth leadership and creativity while increasing visibility of Rotaract. Some of the more famous influencers on YouTube and Instagram was invited to engage with Rotaract's main target to inspire the young to embrace diversity and originality in our society. A very cohesive and positive message indeed, all deliverable in an online environment.

Happy Birthday to our Splendid March Members

March 2nd: PP David Li
March 2nd: PP Andy Wong

March 10th: Rtn Jason Chiu
March 18th: Rtn Angus Leung



Announcements and Upcoming Events

Rotaract Vocational Talk
扶輪青年服務社專業講座

Topics: Youth Dream
主題: 年青人夢想仙境

3 seasoned speakers

Nursing Mrs. Carmel Li - Retired nurse	Esports Mr. Tristan Lo - Co-Founder of Godspeed	KOL Mr. Herman Wong - Lead Singer of The Hertz
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11th March 2022 (FRI)
1930-2130
Online Zoom

- CAT Eligible
- All HKCC Students are welcomed
- Applications via CARES (deadline: 8 March 2020, 1800)
- Successful applicants will receive a confirmation email with zoom meeting link
- Inquiry: PIC Adrian Ling (96203693)

RACHKCC Career Talk

The Rotaract Club of HKCC will be conducting this year's Vocational Talk online, on the 11th March, 2021.

The theme of the vocational talk will be "Youth in Wonderland" with focus on three careers - KOL, Nursing and Esports. HKIE have assisted HKCC in securing speakers for the three career topics.

The vocational talk will be conducted online via teams meeting, starting at 19:30. The event will be two hours.

DGE Norman Lee on 16 March 2022

This year is special for us in that no speaker could beat our very own Norman Lee, who, had it not been for COVID, would have attended physically the International Assembly (IA). DGE Norman will share his IA experience and DGE training, and at the same time as well as a preview on his plans for our next Rotary Year.



Guest Speaker 20 April 2022

Chan Ka-IP, council member at DSEDJ (Youth Services Commission of Macau) will be our guest speaker in our upcoming online meeting on 20 April 2022. He will share with us online what the Government of Macau is doing with the youth population in Macau SAR, and how the younger generation on that side of the Greater Bay Area are adapting in this special times. Let's take advantage of our online meeting opportunities to engage with new friends from further away.



Club postal address	: P.O.Box 47064, Morrison Hill Post Office, Hong Kong
Meeting Venue	: Regal HK Hotel, Causeway Bay, Hong Kong
Meeting Schedules	: Every 1st and 3rd Wednesday at 12:30 pm
Website	: http://hkie.rotary3450.org/