



東風

Rotary 
Club of
Hong Kong Island East
TUNG FENG

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15 March 2017

President's Message - Getting together with a purpose



I'm delighted to see a great response to the dinner and dance party we have coming up, so far we have many long-time-no-see members who are lined up to join this hearty get together among friends. I'm so looking forward to the evening. I think for me the last time I recall meeting quite a few members whom I had not before was a celebration dinner for Uncle Peter, and even then, I remember thinking wow, we have so many great members. Wish we could all meet more often. So the idea of this particular fellowship is with that in mind. To have fun. To get together. To enjoy each other's company. We still have a couple of weeks to go (do invite your own friends). PP Hubert has updated me that the rehearsals are going well for the HKIE All Stars Band (DG Eric now lined up to sing a song too) along with Director Kevin and PP David Li. That's going to be great isn't it? Such distinguished members showing their talent. Meanwhile, I am building up a playlist of many old songs, favourites from each decade, so I'm sure there is something for everyone in there. I'll continue to send out some of my guide emails to each decade..I hope you all get a chance to read. Finally, let's continue to send our wishes to Uncle John, still resting up in hospital as I write. According to Vivian his daughter, he was still not quite well enough to receive visitors yet, and I'm sure he's in good hands. He's undergoing quite tiring treatment, so resting in bed is where he needs to be, as much as we would like to see him with us.



**COMING
SPEAKERS**

22 March 2017

**The 3rd
Club
Assembly**



**LAST WEEK'S REDBOX
COLLECTION \$1,400**

THE ROTARY CLUB OF HONG KONG ISLAND EAST

香港東區扶輪社週報

Club 16340 District 3450 Chartered on 06 April, 1954 by Charter President

PDG (Uncle) John Yuen

Spotlight On - The Way - Camino De Santiago



There are 3 great pilgrimages for Christians in the world: to Rome, Jerusalem, and Santiago de Compostela in Spain. President Jack To Jack embarked on this personal journey in 2014, as one of his resolutions for the beginning of the year. Camino de Santiago also known by the English name Way of St. James. (St. James was one of the 12 apostles until 44 AD. He was beheaded in 44 AD and his body was shipped to Iberia to be buried in Santiago, the boat sank and his body was lost to the ocean.) He started his route from St. Jean-Pied-du-Port in France, flew to Biarritz, and finally took a bus to Finisterre. Some people start from Valencia, Paris and Switzerland. (And some crazy people start from places like Ireland or Berlin). There are three ways of doing the Way – by foot, by horse, by cycle.

Jack explained that when you start you get a stamp book..your pilgrim passport. Every time you stay at a place you get a stamp, and these are accumulated to eventually be showed to the Pilgrim's office in Santiago as proof that the journey was accomplished according to the official route. A certificate of appreciation is given to pilgrims on completing the Way. To earn the certificate one needs to walk a minimum of 100 km or cycle at least 200 km. Pilgrims also carry a shell which marks the routes to Santiago. The grooves in the shell which meet at a single point represent the various routes pilgrims travelled eventually arriving the tomb of St. James. Jack did the walk by himself, and followed a book written by John Bierley. Every day he walked for 8 hours, travelled 20 – 30 km a day. He said that pure walking makes you very reflective, and being disconnected from modern devices is immensely liberating. Some rituals have taken place on with mythical, metaphorical meanings, like carrying a pebble and saying a prayer. Or putting down a pebble on the ground in the hope your friend or family who have any illness will get better or if you walk through a little back door in a small church based on the Cathedral of Santiago, where all your sins will be washed away. The journey took Jack 28 days and he walked 800 km wearing a backpack that weighed 11 kilos. He averaged 30 – 34 km a day and on bad days only 25 km. You have to keep your eyes on the weather and prepare dry and wet jackets. Today every year there are more than 250,000 Camino de Santiago pilgrims. Jack is planning to do it again in May this year. He said some people do it for repent, for challenge, or for adventure. After his experienced he said he felt changed. He found it hard not to feel spiritually moved walking through the woods, and after his presentation, we all did! Thankyou P Jack!



Last week's Proceedings - March 8th, 2017

P Chris began by welcoming everyone, including our guest speaker President Jack To from RC E Club of Tamar. This week we had a birthday to celebrate, being that of Rtn. Jason (March 10th) and we enjoyed a celebration for him, with PP George being invited to lead the birthday song. P Chris then went through the announcements, also updating us on some recent activities, including the Uncle John Gold Tournament, as well as the Ultramarathon. It was then time for guest speaker P Jack To, who P Chris introduced. Jack gave a very interesting personal account of his spiritual journey across Northern Spain. Afterwards, P Jonathan gave a vote of thanks to the speaker. PP Andy announced the Red Box takings of \$1400, before it was Lucky Draw time. Uncle John conducted the draw, and once again the winner was (lucky girl) PE Stacy!! P Chris then wrapped up with a toast to RC E Club of Tamar, RI and RCHKIE. Meeting adjourned and we all gathered for a group photo.



Out & About

PETS 2017

Yes it's that time of the year again, and PE Stacy was among the audience of future leaders preparing for their big year. There to give support were DG Eric, CP Heman and PP Norman.



Rotaract week launch concert

There was a lot of talent on show at the launch concert for World Rotaract Week at Jockey Club auditorium at Poly U, including a performance by our young Rotaractors, as witnessed by the fans in the audience who included DG Eric, PP Norman and PP Hubert, along with their spouses.



ANNOUNCEMENTS

These are the following announcements for our club:

1. The Charter Ceremony of new club, Rotary Club of The HUB Hong Kong will be on Saturday March 18th. CP Heman has requested the honour and pleasure of the presence of our members at the Charter Ceremony with details as follows:

Date: 18 March 2017 (Sat)
Time: 2pm to 3:30pm
Venue: The Hub, 1/fl., Fortune Building, Wanchai

2. Our club dinner and dancy party '6 Decades of Island East' is set for Saturday April 1st 2017. Please mark your diary and look out for further updates.
3. Our club is planning a trip to Taipei May 18th – 21st. to attend the anniversary and sign the Sister Club agreement with the RC South Sea Taipei. All members are welcome to join the fun, which includes cultural performances, fine dining and golf game. Please join us if you're interested. Inform PP George or IPP William.

District announcements

1. To celebrate World Rotaract Week w/c March 13th, there will be a Handicraft Market:
Date: 18th-19th March, 2017 (Saturday & Sunday) Time: 12:00pm – 8:00pm...Venue: D2 Place TWO .15 Cheung Shun Street, Lai Chi Kok, Kowloon - Free entry
2. The District will host another PHS Evening in 2017 ON Monday 27 March 2017 at Rotary Club of Kingspark at 5/F Crystal Ballroom, The Cityview, 23 Waterloo Road, Kowloon, 7:30 pm. The charge will be \$400 per person. New members who join the PHS Society this year will be formally inducted during the PHS Evening. Please let us have your reply by sending an email to Dominic Ko, dominic.ko@ualpha.com, Past President of RC of Kingspark, as soon as possible no later than 20 March 2017 so that we can better plan the evening. Thank you.
3. The District Conference organizing committee has decided to extend the deadline for early bird registration to Mar. 15th, 2017. The online registration system is running smoothly, many clubs has already registered and payments have been received. May I urge you to do your registration for your club members asap to take advantage of the early bird discount. Please make sure you send in your payment to RIC before the deadline to secure your early bird pricing.

The Last Laugh - Three old men

Three old men are talking about their aches, pains and bodily dysfunctions.

One 75-year-old man says: "I have this problem. I wake up every morning at 7 a.m. and it takes me 20 minutes to pee."

An 80-year-old man says: "My case is worse. I get up at 8 a.m. and I sit there and grunt and groan for half an hour before I finally have a bowel movement."

The 90-year-old man says: "Not me. At 7 a.m. I pee like a horse and at 8 a.m. I crap like a cow."

"So what's your problem?" asked the others.

"I don't wake up until 9:00."



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Club postal address : P.O.Box 47064, Morrison Hill Post Office, Hong Kong
Meeting Venue : Regal HK Hotel, Causeway Bay, Hong Kong
Meeting Schedules : Every Wednesday at 12:30 pm
Website : <http://hkie.rotary3450.org/>
Facebook : <https://www.facebook.com/RotaryClubHKIslandEast>