



東風

Rotary 
Club of
Hong Kong Island East
TUNG FENG

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President's Message - Celebrating 100 years of doing good



This week I attended the launch ceremony of the Rotary Foundation Centennial Exhibition in Central (now on if you are in Central please do drop by). DG Eric was naturally on hand to kick things off in his usual style, as well as guests of honour Jeffrey Lam and Alex Fong. The exhibition is a District event to celebrate 100 years of doing good in the world, and I have to say, it's been really well organised. I walked around the exhibition, and for anyone outside of Rotary who does not know what it's all about, this is like a crash course in

Rotary work, showing some of the key projects we are involved in, including polio eradication, and The One humanitarian award. It's visually very easy on the eye, with key images and well prepared stories about the various areas we work. More than anything, for all of us, it's a great reminder of the power of Rotary, especially when you look at the numbers. It's a good location too – right in the lobby area of Exchange Square, so good walk-through traffic of influential movers and shakers. (Hang on, that's us!). Here's to the next 100 years!!



**COMING
SPEAKERS**

18 Jan 2017

To be confirmed



**LAST WEEK'S REDBOX
COLLECTION \$1,300**

THE ROTARY CLUB OF HONG KONG ISLAND EAST

香港東區扶輪社週報

Club 16340 District 3450 Chartered on 06 April, 1954 by Charter President

PDG (Uncle) John Yuen

Spotlight On - If you had your way, what would your 2017 be like?



That's the question asked by PE Stacy - If you had your way, what would your 2017 be like? Resolution is a firm decision and a firm choice, and in leadership it is about the ability to adapt. Some types of resolution don't work because they are very rigid. PE Stacy used her grandfather's steel business as an example. She knew some people really do wait for the New Year to start new. In fact every single day every single moment we have a chance to start again – 365 new days, 365 new chances. Better things are coming no matter what. The Universe will always show you the way when you ask. When you are looking at 2017, do you have an idea or a thought of what would you like to create. If you did, you'll ask question about it and see what'll happen, the magic is asking and receiving.

Some people really want to reach in their dreams that seemed so out of their way. A wise saying by Mark Twain "Why not go out on a limb? That's where the fruit is"

There is a reward in daring to go out, daring to stretch yourself to achieve your dreams. Martin Luther King Jr., one of the people who showed us the benefit of asking questions and not bounded by limitation. Every time you are tempted to react in the same old way, ask if you want to be a prisoner of the past or a pioneer of the future.

There is always a way around things if you asked. Asking questions changed your mind set, open to see different perspective and possibility. Tools to help you actualize all you desire: 1) Get out of judgement, especially judgement of yourself, nothing is right, nothing is wrong, it is just the choice 2) get into gratitude 3) Patience. You don't need a special day to dress up, there is always something to be happy about. Every single moment is a celebration. Living in 10 sec. increment. Life is never not now. Every choice is just 10 sec. Be conscious of your choice. Best way to take on 2017 and beyond ask question of what you would like to create and write it down, keep on going forward, face the fear and do it.

Out & About

HKCC elderly service visit

IPP William, ever the devoted Rotaract advisor, joined members of RAC HKCC for their visit to elderly folks in Taikotsui.



Jan 9th, Rotary Foundation 100 years exhibition launch

P Chris, IPP William and PP Heman were on hand to watch DG Eric launch this great and meaningful ceremony in Exchange Square Central.

Last week's Proceedings - 04 Jan, 2017



With President Chris absent due to business, IPP William chaired the meeting (role reversal from last year) and was happy to step up and do so. He began by welcoming everyone, including our guests, who included visiting Rotarian Shin Yong Keuk from RC Seoul Nam San, introduced by PP Henry Chan, and was visiting our club for a second time, and PE Stacy introduced her best friend Ms. Cissy Chan. IPP William read out the announcements, before SAA John Poon announced the Red Box collection, which was HK\$1,300. Then it was time for



our guest speaker, who this week was PE Stacy, who was delighting us with her talk on how to 'realise your dreams in 2017'. As inspirational as ever with her positive spirit, PE Stacy livened up the room. After her talk it was time for the lucky draw, and this



week it was Rtn John Poon who was the lucky winner of an LED Lamp, courtesy of Uncle John, and Rtn Walter Wong won a delightful Zisha Teapot, courtesy of PP Henry Chan. After this IPP William asked everyone to rise, give a toast to RC Seoul Nam San, RI and HKIE. Meeting adjourned and everyone joined for a group photo.



ANNOUNCEMENTS

These are the following announcements for our club:

1. The Uncle Peter Golf Tournament has been rescheduled for Thursday Jan 19th. If you wish to join please notify Fellowship Director Kevin.
2. Adopt An Elderly. The 2nd of these elderly visits is taking place on Sunday Jan 22nd. Please note if you joined before, and if you didn't, check with Leo if you would like to join.
2.30 -4.30pm
Shop 112, Podium
Fu On House,
Tai Wo Hau Estate
(MTR Tai Wo Hau Station exit B)
3. The official launch ceremony of Rotary Club of Braemar Hill will be on Jan 20th at Hong Kong Football Club evening. Our club will be attending as a table of 12, and we are making a Red Box donation to officially congratulate CP Bee and her members.

District Announcements

1. The Rotary Foundation Centennial Celebration Exhibition has commenced this week, and will run from Jan 9th to 14th. The venue is Rotunda at Exchange Square, Central. Please do visit and encourage family members and friends and Rotary service partners also. It will be open daily from 10.30am to 6.30pm.
2. Rotary Club of Peninsula is organizing a District Vocational Service Lunch Tuesday, 17-January 2017, Centenary Rooms, Marco Polo Hong Kong Hotel. Speaker, Dr. Ko Wing Man, B.B.S. J.P., has very kindly agreed to come and to talk to us on the Future Development / Directions of the Health Care System in Hong Kong. Cost \$330.00.pp.
3. The District Vocational Service Committee and Rotary Clubs in Area 6, invite you to join the Rotary Mock Interview Workshop held on Saturday, 11th February, 2017 (Saturday) at 9:30 a.m. in Lung Cheung Government Secondary School. The Mock Interview Workshop is the first programme in our series of Rotary Life Planning Programmes co-organised with EDB. Should you have any interest, please contact PP Norman LEE at 94257203 or PP Daniel Tsoi at 93674741.

THE LAST LAUGH

A woman goes to the local paper's office to see that the obituary for her recently deceased husband is published. The obit editor informs her that there is a charge of 50 pence per word. She pauses, reflects, and then she says, "Well then, let it read: 'Euan Davis died'." Amused at the woman's thrift, the editor tells her that there is a seven-word minimum for all obituaries. She thinks it over and in a few seconds says, "In that case, let it read, - 'Euan Davis died, golf clubs for sale'".



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Club postal address : P.O.Box 47064, Morrison Hill Post Office, Hong Kong
Meeting Venue : Regal HK Hotel, Causeway Bay, Hong Kong
Meeting Schedules : Every Wednesday at 12:30 pm
Website : <http://hkie.rotary3450.org/>
Facebook : <https://www.facebook.com/RotaryClubHKIslandEast>