



東風

Rotary Club of Hong Kong Island East

TUNG FENG



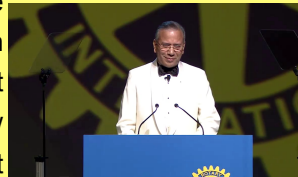
Vol.63 No.22

16 DEC 2015

President's Message - In search of kindness



Continuing my message about Christmas last week, I'd like to draw your attention to the festive message by RIP K.R.Ravindran, in which he recalls a story of kindness from World War 2 by some Canadian soldiers in Holland. It's an inspiring take (do go and read) summed up by RIP Ravi at the end *'By sending joy out into the world, we do not sacrifice it for ourselves – we only multiply it. As we enter this season of giving, let us multiply the gifts we have been given by sharing them with others. Through acts of caring, kindness, and generosity, in our clubs and through our Foundation, we become and remain a gift to the world'*. I wonder if any of us have similar stories to recount of kindness at this time of the year, if so, do email to me and we can share with everyone over the coming weeks. Having just attended the District Carol Singing ceremony for low income children, I know that good hearts are at work!



COMING EVENTS

23 DECEMBER
Club X'mas Luncheon

Please invite your family, friends to celebrate this happy season together!

■ Avg. Attendance
■ Members



Last Week REDBOX
\$1,200

THE ROTARY CLUB OF HONG KONG ISLAND EAST

香港東區扶輪社週報

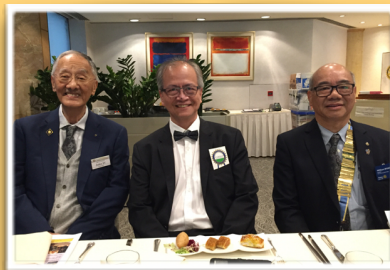
Club 16340 District 3450 Chartered on 06 April, 1954 by Charter President

PDG (Uncle) John Yuen

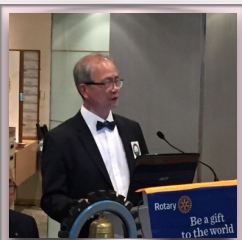
Last week's Proceedings - 09 December 2015

P William started the session at 1.05pm, and began by welcoming our guests. These were, our speaker for this week, Dr Patrick Chow, who was invited by Tony Loy. Our other guests included PP Pedro Ching of HK City North, returning visitor Ms Elle Tse – Guest of John Kwok, and Mr. Eric Chan, also a guest of Tony Loy.

The birthday boy this week was PP Hubert, and he invited PP Stephen to lead the birthday song, before SAA Leo Yu announced the Red Box takings as \$1,200. P William then invited Tony Loy to introduce the speaker, who's topic was 'An overwhelming urge', which we all had an overwhelming urge to know more about. After the presentation, Rtn Leo Yu was asked to formally thank the speaker, and with that, P William asked all to rise, give a toast to RI, HK City North and HKIE, before all joined together for a group photo.



SPOTLIGHT ON - An Overwhelming Urge



A presentation by Dr Patrick Chow spoke to us on the subject of an over-active bladder. His presentation, entitled "An Overwhelming Urge" (忍無可忍), is described as thus: 'Since we departed from nappies, we all need to visit conveniences regularly, each and every day. This matter becomes explosively urgent at times, especially in mature men and women, and especially after alcohol and coffee. Dr. Chow share with us a lot of information to understand the urgencies so that we can deal with them in time to avoid accidents and embarrassments'.

About the speaker

Dr Patrick Chow was a senior urological surgeon in Manchester, UK before returning to Hong Kong to look after the elderly parents, and he is now practicing here.



OUT & ABOUT

District PR Seminar

On Saturday 5th December new member Leo Yu joined the PR seminar. We thank Leo for his support and look forward to hearing his insights as to how we can promote ourselves better.



RC Tolo Harbour 28th Anniversary

DGE Eric and P William were in party mood last week as they attended the 28th Anniversary of RC of Tolo Harbour. Best wishes to them!



District & Education Bureau Rotary Mock Interview Workshop

P William was out and about this week, attending the Mock Interview Workshop. With the Joint Interact Committee in unison with Shau Kei Wan Secondary School, 96 interviewers shared their valuable experience and skills of attending workplace interviews. The organisers were particularly touched by the feedback of our student participants at the debriefing session. One student participant expressed that what she learnt in just 4 hours had brought "transformation" in her life. Her interviewer's sharing was of immense benefits in her future endeavours, either in academic pursuit or careers.



ANNOUNCEMENTS

CLUB ANNOUNCEMENTS

1. Our Club Christmas Party will be held on Dec 23 Wednesday, please come, bring your family to enjoy the celebration.
2. 2016-2017 DG Installation will be held on Saturday July 9, 2016 in HKECE. HKIE is DG Club next year, we need to fully support our DGE Eric, please mark this big date in your diary, come with your spouse and make registration in due course
3. RI Convention in Seoul, Korea, May 28 to June 1, 2016. PIC Stacy Ho.
4. Our monthly board meeting original is scheduled to be held on Dec 10 Thursday, tomorrow evening in Uncle John office, room 612, Wing On Centre. Due to we have 5 board members, 4 are out of town or 1 has other meeting, after consult with all board members, we decided to change the date of board meeting and postpone to next week Thursday Dec 17 at 7.00 pm in the same place.
5. P. William way to Beijing from next week Monday to Wednesday and cannot chair the luncheon meeting on Dec 16, IPP Dr. Norman will help to chair the meeting on his behalf. Thanks IPP Dr. Norman.

DISTRICT ANNOUNCEMENTS

1. 5th Dec 2015 Saturday – District PR Seminar- New member Leo Yu joined the PR seminar last week Saturday. Thanks for Leo support.
2. Dec 12, 2015 Saturday, District Fellowship Japan Night. Venue: Hong Kong Japanese Club. 18/F, 68 Yee Wo Street, Causeway Bay, HK.
Time: 7.30pm Cost: HK\$600.00 Registration: Direct with RIC.
Due to the early engagement, I can't attend this event, hope some members can attend and support.
3. Annual THE ONE award gala dinner 2016 will be held on June 7 2016 Tuesday. RI President K. R. Ravindran will come to attend the big ceremony. Please mark your diary and make registration in due course.
4. District Golf Tournament is holding on Friday Jan 8, 2016 in Mission Hill Golf Club. I and IPP Norman will attend. I hope our club can register one team for this annual district event. Please let me know if members interest to join.
5. 6th HK Bowling Tournament and 5th Hong Kong Blind Bowling Tournament will be held on Sunday Jan 24, 2016 in South china Athletic sports Association Bowling Centre. Registration fee is HK\$2,000.00 per team. P William and PE Chris will organize a team to join the competition. Any members interest to join, please enroll with me.

THE LAST LAUGH - Self-esteem

A teacher wanted to teach her students about self-esteem, so she asked anyone who thought they were stupid to stand up. One kid stood up and the teacher was surprised. She didn't think anyone would stand up so she asked him, "Why did you stand up?" He answered, "I didn't want to leave you standing up by yourself."



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Charles Man
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Club Advisors

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Eric Chin
Andrew Chen
Henry Chan
Hubert Chan

Club postal address : P.O.Box 47064, Morrison Hill Post Office, Hong Kong
Meeting Venue : Regal HK Hotel, Causeway Bay, Hong Kong
Meeting Schedules : Every Wednesday at 12:30 pm
Website : <http://hkierotary3450.org/>
Facebook : <https://www.facebook.com/RotaryClubHKIslandEast>