



東風

Rotary Club of Hong Kong Island East

TUNG FENG



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President's Message



In recent times, Uncle John has been very vocal in his attempts to address the problem of poor attendance for our luncheon meetings. It is something we cannot ignore. At last week's meeting there were more than 8 people in attendance, including our guest speaker. Which is a great sign, for a club with such a long, proud tradition such as ours.

For a club which in past times, would have members from other clubs regularly come along to our meetings. We need to ask why, and what it would take to get our members engaged again on a more regular basis. We don't doubt the loyalty of our members, especially those long serving individuals, and there is a core group of 10 – 15 regulars who we always do see. We are working hard on arranging to have a more diverse mix of guests speakers to generate interest. But let's all do our part to reach out to those members we have not seen for a while, to re-engage them, to welcome them, to encourage the Fellowship which is at the core of our very existence as a Rotary club.

While we do need to be on the lookout for new members, let's be on the lookout for our existing ones too. Please all, do join our luncheons. We need you.

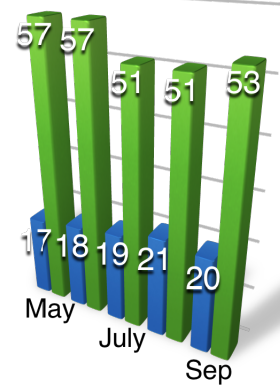


COMING SPEAKERS

18 NOVEMBER
AGM

25 NOVEMBER
MS JOYCE YUK
of
Love & Care Foundation

■ Avg. Attendance
■ Members



Last Week REDBOX
\$800

THE ROTARY CLUB OF HONG KONG ISLAND EAST

香港東區扶輪社週報

Club 16340 District 3450 Chartered on 06 April, 1954 by Charter President

PDG (Uncle) John Yuen

Last week's Proceedings - 04 November 2015

With President William on business travel, PE Chris was Chair for the meeting, and he rang the bell at 1.10pm to commence proceedings, welcoming all (or should we say..those few attending) and especially the guest speaker, PP Michael Chiu who was with us to present the 'Free medical consultation for the elderly' programme. There was no birthday boy or girl this week. PE Chris read out the announcements, and acting SAA Andy read out the Red Box takings of \$800.

PE Chris then gave a sneak preview to those present of the soon to be released Peace Project video of the recent wing chun peace event, before introducing guest speaker PP Michael to take to the podium. After his presentation, PP Michael was met with some challenging questions about the project by members, which he answered well, before PE Chris invited IPP Norman to formally thank the speaker. After this, PE Chris announced the coming speakers, before inviting all to rise and toast RI, RC HK South and HKIE and join together for a group photo. Meeting adjourned at



ROTARY INTERNATIONAL NEWS

SUPPORT MILES TO END POLIO

On 21 November, Rotary General Secretary John Hewko and a team of Rotary staff members will bike in El Tour de Tucson to raise funds for polio eradication. The Miles to End Polio team goal is \$3.4 million. Districts can support the team with Designated District Fund donations. The district that gives the most will get a visit from Rotary President-elect John Germ. Donate today!

- [Support Rotary staff riders with a contribution](#)
- [Learn more about Miles to End Polio and meet the team](#)

UPDATED LEAD YOUR CLUB SERIES NOW AVAILABLE

Check out the updated manuals in Rotary's Lead Your Club series, which provide vital information about the role and responsibilities of the club [president](#), [secretary](#), [treasurer](#), and recommended [committees](#).

SPOTLIGHT ON - Free medical consultation for the elderly



The Free Medical Consultation Services for the Underprivileged is a programme designed to offer care and medical expertise to those elderly in Hong Kong who do not have the means to have access to themselves, especially in situations whereby they cannot afford the time to join a waiting list.

Michael began by outlining the short term and medium to long term benefits of the programme, which are as follows:

Short term (now in progress) -

To provide free medical consultation services by non surgical General Physicians, Specialists and Para-medical professionals to the underprivileged or needy elders (aged 65 or above).

Medium and Long term (within 2 to 3 years)

- To initiate the linking up with other similar medical service projects within District 3450
- To provide a chain of medical care to the needy elders from Preventive Medicare (blood tests, body check etc).

The programme will offer Consultation (Western and Chinese medicine), Aftermath Caring, and Surgery.

Michael then emphasized that this is not a District or Rotary Club Project, because that way it can be more flexible.

It is RISK-FREE – backed by well qualified professionals and good insurance coverage. And requires no financial investment.

Michael stressed that the organising team involved is acting as an agent.

- Participating physicians and para-medical professionals will be invited to provide free consultation, drugs and/or treatment service to referrals . Participating general physicians (GPs) and para-medical professionals are required to provide **1 -2** free medical consultations per quota, subject to final agreement, once a week or once a fortnight.

- For specialists, they are required to provide 1-2 free medical consultation quota(s) for one year. They can make referrals to HA for follow up or prescribe drugs to the referred patients as his own discretion

The team will also collaborate with non political and non-profit making organisations (such as Salvation Army, AMS, St John, etc.) for referrals.

Volunteer physicians, medical specialists and para-medical professionals are invited to join this service project both within and outside the Rotary District 3450.

Members are urged to please send to all Rotarian doctors a personal e-mail about this project.

Finally, Michael outlined the benefits of the programme for Rotary. Which are:

- To let more professionals to know about Rotary.
- Enhance Rotary image
- Provide a better understanding of Rotary by the public
- Help Membership drive
- Encourage better cohesion and bonding of Rotarians
- Encourage Fellowship
- Cultivate the sense of Cross Areas/Clubs joint service initiatives
- Fund Raising

A Certificate of Appreciation will be presented to the kind-hearted professionals who dedicate their time and resources.

Michael also emphasized that this is not a one-off Medicare care project, and as it evolves, the leadership of the team can be changed with a defined period for better leadership for sustainability.

Individual Rotarians, Rotary Club or other Individuals by referral are welcomed to join the project and on voluntary basis.

For more information, and to know how you can involved, contact PP Michael Chiu at RC of HK South.

About the speaker

PP Michael Chiu is a member of Rotary Club of Hong Kong South, and is a Civil Servant .

History of Rotary Service

Club Level

- Joined Rotary Club of Hong Kong South in Nov 2008
- President, Rotary Club of Hong Kong South (2012-13)
 - Awarded Outstanding President 2012-13

District Level

- Deputy District Secretary (DG Support) 2013-14
- Chair, Organising Committee of the Past Presidents' Dinner 2014
- Member, Preserve Planet Earth Committee (2013-2014)
- Deputy District Rotaract Committee Chair (2013-14)
- Assistant Governor (Area 3) 2014-15
 - Facilitate the Area 3 Joint Lunch Meeting (with Hon Jasper Tsang as Guest Speaker on 23 February 2015)
 - Facilitate the Area 3 Joint Service Project – Hip Hop Dancing Competition on 12 April 2015
- Have declined the offer of DS (Clubs Affairs) and DS (Resources) for RY 2015-16 for launching the boundary-less "**Free Medical Consultation Service for the Underprivileged Project on 26 June 2015**"
- Vice chair – District Governor's Installation Organising Committee 2015-16

Other Community Services

- Director of Shelter Box Hong Kong Ltd (since 2013)
- Chairperson, Parish Council of Our Lady of Mount Carmel Church (2014-2015)

Cultural Side

- Expert contributor, Keypad Magazine (since 2013)



ANNOUNCEMENTS

CLUB ANNOUNCEMENTS

1. Nov 10 Tues - Uncle Peter Cup Golf Tournament in Fanling Golf Club.
PIC – Rtn John Poon and Dir Kevin Leung. There are 5 flights and completely full.
2. Nov 11 Wed – Hot Pot Dinner Fellowship, board meeting and prize presentation of Uncle Peter Golf Tournament. PIC – PP Jonathan and John Poon
3. Nov 12 Thurs– RC HKS invite us to attend their annual golf tournament and regular luncheon meeting. P William, PP David Li and his son Christina will join. Also Uncle John may join subject his condition after Peter Golf Tournament on Nov 10.
PIC – P William
4. Nov 14 Sat – Vocational visit and fellowship in MADHEAD office of Rtn Terry Tsang in Science Park. Now we have 17 members & guests and 3 Rotaractors registered. Please register within this week for food arrangement. PIC – P William
5. Nov 18 - The Club AGM will be held in Regal Hotel, members please come to support and vote the board members and PE of Rotary year 2016-2017.
6. Nov 22 Sat – The installation of RAC HKIE in 10/F, Capital Commercial Building, 26 Leighton Road, Causeway Bay starting at 4.30pm till 7.00 pm. Fees HK\$150.00 for Rotarians, \$100.00 for Rotaractor and \$80.00 for student Rotaractor. Please enroll with DGE Eric or PE Chris, please support youth.

DISTRICT ANNOUNCEMENTS

The following district events announced in the last meeting, for details please contact me or PIC.

1. The Rotary Leadership Institute (RLI) part 1 to 3 Training.
Part 1 & 2 finished on Sept 19 and Oct 17.
Part 3 will be held on Nov 28, 2015. Any member interest, please enroll with me or DGE Eric.
2. District Rotary Foundation Seminar and Grant Management Seminar will be held on Sat 21 Nov, 2015 at Regal Hong Kong Hotel from 9.30am to 4.00pm. The fee is HK\$550.00 including lunch.
3. District Vocational Service Seminar – Tuesday, 19th January 2016 at 12.30 pm to 2.00pm Marco Polo Hong Kong Hotel. Please mark the date and register as soon as possible if you are interested to join.
4. Nov 19 Sat – Rotarians' Wine Appreciation Fellowship – HK(RWAF) will be holding the first wine & food fellowship dinner, please feel free to get touch with PP Nigel Lo (RC of HKN) if you are interested in become of RWAF (HK) and so in joining their wine & food fellowship.

THE LAST LAUGH - Eat Rye Bread

Two old ad guys, one 70 and one 75, were sitting on a park bench one morning. The 75-year-old had just finished his morning jog and wasn't even short of breath. The 70-year-old was amazed at the guy's stamina and asked him what he did to have so much energy. The 75-year-old said, "Well, I eat rye bread every day. It keeps your energy level high and you'll have great stamina with the ladies."

So, on the way home the 70-year-old stopped at the bakery. As he was looking around, the saleslady asked if he needed any help. He said, "Do you have any rye bread?" She said, "Yes, there's a whole shelf of it. Would you like some?"

He said, "I want five loaves."
She said, "My goodness, five loaves! By the time you get to the 3rd loaf, it'll be hard."

He replied, "I can't believe everybody knows about this shit but me."



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Heman Lam
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Jason Chiu

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Jonathan Lamport
International Service
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Service Projects
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David Li
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Teresa Ho
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IT
Derek Man
Vocational & PPE
Charles Man
Sergeant-at-Arms
John Poon, Derek Man,
Charles Man
PP Council Rep.
George Leung

Ex-officio
Norman Lee

Club Advisors

Peter Hall
Y. K. Cheng
Eric Chin
Andrew Chen
Henry Chan
Hubert Chan

Club postal address : P.O.Box 47064, Morrison Hill Post Office, Hong Kong
Meeting Venue : Regal HK Hotel, Causeway Bay, Hong Kong
Meeting Schedules : Every Wednesday at 12:30 pm
Website : <http://hkie.rotary3450.org/>
Facebook : <https://www.facebook.com/RotaryClubHKIslandEast>