





Vol. 60 No. 28 23<sup>rd</sup> January 2013

## Last Week's Proceedings – 16th January, 2013

Pres. Nancy called the meeting at 1:05pm and she welcomed back Rtn. Peter Yeung and celebrated his birthday which was on 2<sup>nd</sup> Jan. Dir. William's birthday was in Sept 2012 and both gentlemen were presented with a birthday gift from Pres. Nancy as a make up celebration.

Pres. Nancy then made the following District and Club announcements:

#### A. District Announcement

#### 1. Rotary Awareness Month

January is a Rotary Awareness Month-the simplest way to raise awareness is by wearing the Rotary Pin & ready to talk about Rotary.

## 2. Rotary 2013-14 Theme

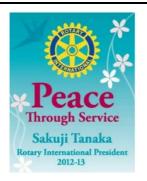
RI President 2013-2014, Mr. Ron Burton has announced the theme for 2013-2014 - "Engage Rotary, Change Lives"

## 3. Jan 22 - Caring Company Partnership Expo 2013 - Partnership for Innovation

K council of Social Services (HKCSS) is HKIE strategic partner in Service and the Expo features the works of many key service organizations in Hong Kong.

This expo mission is to promote strategic partnerships among the business and social service sectors, as well as an occasion for friends of different sectors to explore new community partnership opportunities and CSR solutions.

Over 60 exhibition booths will feature partnership opportunities with social service organizations and social enterprises.



THE ROTARY CLUB OF HONG KONG ISLAND EAST LTD.

香港東區扶輪 社週報
Club 16340
District 3450

Chartered on 06 April, 1954 by Charter President PDG (Uncle) John Yuen

Apart from the exhibition, new elements such as "House for Partnership" and a series of "Workshop" have been included in the event where companies and NGOs will be able to discuss new partnership initiatives on meeting community needs.

One of our members Company; that's Rtn. Anthony Kwong's company - WCH, Wing Cheung Hing Knitters will be recognized on the same day. Details being:

Date: 22 January 2013 (Tuesday)

Times: 11:00 am to 7:00 pm.

Venue: Hall 5G, 5/F, Hong Kong Convention & Exhibition Centre, Wan Chai

PIC: PP Andy Wong, deadline for invitation, please contact PP Andy

All Rotarians especially our Future Leaders are encouraged to join.

## 4. **20**<sup>th</sup> April – District Conference

The 53rd District Conference will be held at the Mission Hills Convention Centre, Dongguan, China (東 莞觀瀾湖國際會議中心), the District Conference committee has reserved about 100 rooms at the Mission Hill Dongguan Hotel where the Conference takes place. Cost is around RMB 600 or 700 and this will be on a first-come first-serve basis, a Pre-Conference golf tournament, mahjong competition and BBQ dinner will take place at the Mission Hills on Friday 19 April 2013. Members, please enroll with PE Jonathan at your earliest convenience.

## 5. 20<sup>th</sup> February – Rotary Centenary Challenge Cup at Happy Valley

The annual running of the Rotary Centenary Challenge Cup is just around the corner and registration is about to start. This racing event is a recognition from the Hong Kong Jockey Club of Rotary's outstanding contributions to the local community. Equally important, it enhances Rotary's images within the society and at the same time offers an excellent platform for fellowship not only for our Rotary family but also for friends and business partners.

This year, the Cup event will be held on the 11th day of the Chinese Lunar New Year so it is a great opportunity to celebrate the arrival of the Year of Snake and have lots of fun with fellow members and guests. The racing package, at a price of \$700 only, includes a dinner buffet, unlimited supply of wine and soft drinks and admission badge. PIC is Rtn. Morris.

#### **B.** Club Announcement

## 1. **26<sup>th</sup> Jan-Holland Hostel Open Day** (荷蘭宿舍開放日)

PIC William Wong invited all interesting members to join the Holland Hostel open day to have a good understanding on this organization. Details being:

Time:11:00am to 4:00pm

Venue: 485 Kwun Tong Road, Kwun Tong

## 2. 2<sup>nd</sup> Happy Lunch with Choi Jun Students

Students from Choi Jun School have mental deficiency, through this regular lunch gathering, they learn social, communication skills, table manner and self discipline. Special appreciation note to Dir. William and Rtn. Jonah in sponsoring this project. Details being:

Date 25 Jan 2013 (Fri) Time: around 12;30pm

Venue: Tomoto Restaurant, TST

Interested party, please enroll with Dir. William

## 3. 26<sup>th</sup> Jan-4<sup>th</sup> delivery of St. James re-use electrical appliances

Special thank you note to PP John Kwok as he is the main sponsor of this project.

There are total 6 deliveries of the re-used electrical appliances to the low income family. Members, their spouses and family members, Rotaracators, Interactors and Adopt-a -school students had participated in the vocational visit of the Eco Wee Park and their leadership training before they could take part in this service project.

And our new member, Nelson is the PIC, please enroll with him directly and below is the time table of this service project for members to mark your diary.

24 Nov 2012 (completed)

8 Dec 2012 (completed)

12 Jan 2013(completed)

26 Jan, 2013

2 Feb 2013

26 Feb 2013

9 Mar 2013

#### **Red Box Collection**

Sergeant-At- Arm Jonah reported the Red box collection of today was amounted to HK\$1,200.

## **Topic of today-Golfing Tips**

Dir William introduced our speaker of the day- Mr. Tommy Kan

Tommy Kan turned pro in 1995, and is now an experienced teaching professional at Kau Sai Chau. His player profile is as follows:

Tommy comes from a golfing family and has been playing for more than 37 years. He joined Kau Sai Chau in November 1995. Tommy has gained various skills in his professional teaching career under the guidance of our Golf Director, Mr Mark Reeves.

Tommy was the highest placed Hong Kong participant to attend the "Taiwan PGA Senior Championship 1999".

Tommy played in the 2003 ASM @ Singapore.

The Talk covers the followings:

Be a good golf player, you should put more efforts on practicing.

However, the frequent practice in the driving range does not mean that you could have the same performance when you are in the golf course. There is a huge difference between them. You may have full confidence in the driving range but only get 40% performance during the course. It is because players always get more pressures and concerns when stepping on the green. One important point to remind, you should keep an eye on your posture and swing when practicing in the driving range. It is just wasting time if you keep practicing something wrong!

- 1) How to improve the consistence of the swing? (Question raised by PP George)
- A: Keep the normal arc for the swing, hold tight the club and generate more power with your shoulder.
- 2) How to improve the distance control when doing the short-game? (Question raised by IPP Eric)
- A: Short –game is a hard task, one has to do a smooth and complete follow through even for distance. Practice make perfect.

- 3) How to get through the Bunker with a better follow through? (Question raised by PP Andy)
- A: Timing is the most important issue and should not do the swing too hard and too quick.
- 4) Should I make a bigger shoulder turn for the follow through? (Question raised by PP George)
- A: You should get relax for the follow through and generate more power when do the hitting. Put more focus on the co-operation between your hip and shoulder.

How to apply for the Golf Professional Training Program by HKPGA and HKGA? (Questions raised by Rtn. Jonah)

#### **HKPGA**

- Return a score of 11 over par or less in one of the Qualifying Playing Ability Tests
- Have their Qualifying Playing Ability Test application form endorsed by two HKPGA full members
- Have attained the required score in a 2013/14 Qualifying Playing Ability Test
- Be a resident of the HKSAR
- Hold a USGA Handicap Index of 9.9 or below

#### **HKGA**

- The Hong Kong Golf Association (HKGA) handicapping scheme operates under the USGA Handicap System with a maximum handicap index of 36.4 for men and 40.4 for ladies.
- Eligibility: The EHS Scheme is open to all golfers who are resident in Hong Kong.
- Members of established local golf societies may apply for a handicap through their society. Societies should register with the HKGA and nominate a coordinator to liaise between its members and the HKGA.
- Golfers who are not members of any local society may join the Hong Kong Men's/Ladies' Golf Society.
- Junior golfer: Juniors under 18 years can join the EHS Scheme at a special rate.
- Cards: Submit a scorecard each time you play a round of golf. Post a score if you play 13 or more holes.
   Send your scores to the HKGA or your society coordinator each month do not hold scorecards for more than one month.
- Mark your cards clearly with a "T" if the round was played in a competition. Society matches, club events, HKGA Tournaments and other events organized by a committee are classified as competitions. INCOMPLETE CARDS WILL NOT BE ACCEPTED
- Make sure your scorecard is completed correctly as follows:
  - Date of round
  - Mark which tees are used
  - Card to be signed by player and marker
  - Enter GROSS score for each hole and adjust where appropriate under Equitable Stroke Control
- NOTE . Executive Nine (Clearwater Bay G&CC) cannot be used for handicap purposes.

- Handicap: The best 10 of the most recent 20 score differentials are used to calculate your USGA Handicap. Details of your last 20 scores are required if you still have a record of these, if not a USGA Handicap Index can be issued to a player who has five acceptable scores.

- Handicap Index: You will be issued with a Handicap Index, a number taken to one decimal place. This is your traveling handicap which, rounded up or down, may be presented for use at any participating golf course worldwide.

- New Handicaps: New Handicaps can only be issued following receipt of 5 or more scorecards.

- Updates: Scorecards and society returns need to be submitted before 20th of each month to ensure that scores are processed in that month. Members with handicap changes will be notified early the following month.

After a few rounds of questions and answers, Pres. Nancy then presented a small gift to Mr. Tommy Kan as a token of appreciation, IPP Eric gave a vote of thanks to him for his professional tips in golfing to our members.

The meeting was then adjourned at 2:00pm with a toast to Rotary Club of HK Island East and we all stayed behind for a photo session.

# ENCERCISE SEARCH SEARCH

Subject: True story

The only cow in a small town in Scotland stopped giving milk.

The town folk found they could buy a cow in Wales quite cheaply.

They brought the cow from Wales and it was wonderful, produced lots of milk every day and everyone was happy.

They bought a bull to mate with the cow to get more cows, so they'd never have to worry about their milk supply again.

They put the bull in the pasture with the cow but whenever the bull tried to mount the cow, the cow would move away.

No matter what approach the bull tried, the cow would move away from the bull and he was never able to do the deed..

The people were very upset and decided to go the Vet, who was very wise, tell him what was happening, and ask his advice.

"Whenever the bull tries to mount our cow, she moves away.

If he approaches from the back, she moves forward, they said.

When he approaches her from the front, she backs off.

If he attempts from the one side, she walks away to the other side.

"The Vet rubbed his chin thoughtfully and pondered this before asking, "Did you by chance, buy this cow in Wales?"

The people were dumbfounded, since no one had ever mentioned that they had brought the cow over from Wales ..

"You are truly a wise Vet," they said.

"How did you know we got the cow from Wales?

"The Vet replied with a distant look in his eye,

"My wife is from Wales"

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<u>Year 2012 -2013</u>			
President President Elect	Secretary	Treasurer	Ex-Officio
Nancy Yee Jonathan Lampor	rt Stacy Ho	Dr. Dennis Wat	Dr. Eric Chin
Directors:			
John Kwok Dr. Rudy Law	Andy Wong H	Ieman Lam Norman Lee	William Wong
John Hweit Br. Rudy Zaw	ring wong in	Tormun Bee	William Wong
Service Chairs:			
Dr. George Leung Eddy Wong	Laurence Chan	Anthony Kwong Colin Chau	Kevin Leung
Sharon Lamport Nelson Tse	Terry Tsang	Jonah Cheung Teresa Ho	William Wong
Advisors:			
Peter Hall Y.K. Cheng Dr. Hubert Chan <b>PP Council Rep.</b> Andrew Chen			
Teter Han T.K. Cheng D.	i. Hubert Chan	Ti Council Rep. Andrev	v Chich

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Tel: (852) 2827 8663 (ext.176) Fax: (852) 2827 5086

ROTARY CLUB OF HONG KONG ISLAND EAST MEETS EVERY WEDNESDAY, 12:30 p.m.

# 16 JANURARY 2013 - Luncheon Meeting Rotary Club of Hong Kong Island East



IPP Eric Chin, Guest Speaker - Tommy Kan & Pres. Nancy Yee



PE Jonathan Lamport, Dir. William Wong & PP John Kwok



Rtn. Peter Yeung & SAA Jonah Cheung



Dir. Teresa Ho & Rtn. Freddie Wu



PP George Leung & PP Stephen Liu



Dir. Kevin Leung, PP Heman Lam & PP Andy Wong



Hon. Tres. Dennsi Wat & PP Rudy Law



This week's birthday boy is Peter Yeung & Dir. William Wong



Dir. William Wong introduced this week's speaker





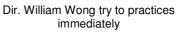
This week's guest speaker - Mr Tommy Kan, a PGA coach gave us some hints on playing golf.







Mr. Tommy Kan also demonstrate on hitting the ball





Pres. Nancy Yee presented a Club souvenir to thank Mr Tommy Kan's interesting talk



IPP Eric Chin gave a vote of thanks on behalf of the club to Mr Tommy Kan



Group photos with members & guest speaker.

## 12 JANURARY 2013 - Health Talk Rotary Club of Hong Kong Island East





















