



東風



TUNG FENG

香港東區扶輪社週報 THE ROTARY CLUB OF HONG KONG ISLAND EAST

Last week's Proceedings -

21st April, 2010

The Rotary Bell rang at 1:02pm with President Norman in the chair. 17 members were in attendance.

There were no visitors and no birthday boys. PP Paul and Rtn John the 5th were welcomed back.

The Red Box collection was earmarked for Qing Hai Earthquake victims, after renewed efforts, \$5,000, showing the well and strong Rotary spirit. It will be sent to the World Vision for execution by Treasurer Colin.

Uncle John won the prize of photo competition in the District Conference just successfully held last week end where 11 of our members and 4 Rotaractors have participated.

There will be a Swimming Gala of the Rotary Clubs in Ma On Shan this Saturday. All interested were to contact PE Heman.

Niigata Club anniversary would be held on Friday 23rd of April and unfortunately we could not attend this time and our Pres. Norman had sent our Club's greeting to them followed by a memorial gift sent to them in due course.

It was mentioned that we have 7 international sister clubs, 3 in Japan, 1 in the Philippines, 1 in Malaysia, 1 in Canada, and 1 in USA; and members were encouraged to visit them at travels.

A Racing Night was arranged by PP Henry, on 15 May. As the attendance has already reached the required level, it is now announced as official meeting so that our regular luncheon meeting that day will be shifted to this Racing Night in the evening instead. We will send formal notification to all members later on.

The highlight of the meeting was the talk by Ms Sandy Cheung. She was introduced by Rtn Tony, as an occupational therapist by profession and practice, but with a newly found passion, ventured into the propagation of vegetarian food, and started her own vegetarian restaurant.

She started in saying that people tend to reduce their meat intake when reaching age 40-50 years. She herself started to have vegetarian food at home in 2008, including her two teenage sons. In searching for vege restaurants around her home, she struck the idea of having one of her own, and with a creative vege chef, a partner, and a budget of 1 Million HK dollars, she ventured into setting up a vege restaurant called E-Vege in an Wanchai basement of 7000 feet.

Because of budget constrains, she went for minimization of decorations and simplicity. Plain wooden furniture, plain green pottery plates and bowls were sourced from Shunde in Mainland China with guidance from her elder brother. Bamboo shovels were used as lampshades. Without bank facilities, she signed up the venue on 1 April and started functioning on 29 May 2009. The lease was for 7 years. The food was along the vegetarian fusion style, with vegetable, mock fish, chicken, meat etc. The aim was for customers to come in and enjoy a simple environment and healthy food.

The restaurant opened eventually with an expenditure of 3 Million HK dollars, with the biggest item on salaries. Staff are treated as members of a big family, and enthusiasm infused.

She went through a phase of offering buffet lunches at very attractive prices, but at a big loss. Prices could go up, but the food wastage was great, and the idea had to be scrapped. The business is in a healthy balance now,

Lastly, she suggested that one should set right goals and adjust if necessary. Be confident and brave but have a serious attitude. Accept criticism, be open minded and stay firm with own beliefs.

Her talk generated multiple questions, so much so that Pres. Norman had to request closing of the meeting with a vote of collective thanks to the speaker and a souvenir presented by him.

The Speaker of our next Luncheon meeting on April 28, 2010 will be Ms. Michele Hui, who is the General Manager of Hong Kong Office of Aide et Action (AEA), a French educational organization that works to bring quality basic education to disadvantaged people throughout the world and help facilitate communities' development. She is going to tell us the history, background and the scope of works of AEA in Hong Kong.

The meeting was adjourned at 2.08pm by Pres. Norman leading our members to make a toast to Rotary International and RC HKIE, and all attendants stayed back for a group photo.

Rotary Potpourri

PolyU Donors Reception

President Norman and Hon Sec Dr. Eric attended the PolyU Donors Reception held in the Student Halls of Residence on April 22, 2010 afternoon. They met the student Hui Tsz Chunn Max, year 3 student in the Industrial System Engineering Faculty who received the Bursary donated by our Club. The President of PolyU Prof. Timothy W. Tong welcomed all the donors and expressed appreciation to all donors for the generous support to PolyU for over \$65 million as scholarship and \$5.56 million available for disbursement in the form of bursary, interest-free loan and emergency grant.

Our PP Y. P. Yang Dies

As per sad news received from David Yang in Vancouver, B.C. our past president Y.P. Yang (1977/78) passed away peacefully on 16th April 2010 in St. Paul Hospital, Vancouver, B.C., after a long illness. May he rest in peace

. Condolence message was sent to the survivor, David Yang, son of the late Y.P. Yang.

Electronic Make-up Questions

You can submit an electronic makeup for this missed meeting by answering the following questions:

Name: _____

Email: _____

1. How many of our members have attended the luncheon meeting today ?
Ans)

2. Who were welcomed back by Pres. Norman ?
Ans)

3. What was the Red Box collection and for what purpose it would be used this time ?
Ans)

4. How many of our members and rotaractors have attended the District Conference ?
Ans)

5. What would be the other purpose of our Racing Night fellowship gathering in May ?
Ans)

6. Who was our speaker today and who was introduced by whom?
Ans)

7. Who will be our next week's speaker and what will be the topic ?
Ans)

8. One of our Past President has passed away recently in Vancouver, who was he and in which Rotary Year he was our Club's President ?
Ans)

Submit

Joke

Subject: To Be 6 Again....

A man was sitting on the edge of the bed, observing his wife, looking at herself in the mirror. Since her birthday was not far off he asked what she'd like to have for her Birthday.

'I'd like to be six again', she replied, still looking in the mirror.

On the morning of her Birthday, he arose early, made her a nice big bowl of Lucky Charms, and then took her to Six Flags theme park. What a day!

He put her on every ride in the park; the Death Slide, the Wall of Fear, the Screaming Monster Roller Coaster, everything there.

Five hours later they staggered out of the theme park. Her head was reeling and her stomach felt upside down.

He then took her to a McDonald's where he ordered her a Happy Meal with extra fries and a chocolate shake.

Then it was off to a movie, popcorn, a soda pop, and her favorite candy, M&M's. What a fabulous adventure! Finally she wobbled home with her husband and collapsed into bed exhausted. He leaned over his wife with a big smile and lovingly asked, 'Well Dear, what was it like being six again??'

Her eyes slowly opened and her expression suddenly changed. 'I meant my dress size, you idiot!'

The moral of the story: Even when a man is listening, he's gonna get it wrong.

Photographs of our meeting

on

21st April, 2010

Luncheon Meeting Photos on 21 April, 2010



PDG Uncle Peter Hall, Speaker - Sandy Cheung & Pres. Norman Lee



Hon. Sec. Dr. Eric Chin, Dir Nancy Yee & IPP Andy Wong



PP Henry Chan, Rtn. Teresa Ho & CDS PP Eddy Wong



PE Heman Lam, Rtn. Anthony Kwong & Rtn. Kevin Leung



Rtn. Tony Loy & Hon. Tres. Colin Chau



Rtn. John Yao & PP Rudy Law



PP Stephen Liu & PP Laurence Chan



CDS PP Eddy Wong, PP Paul Chan & IPP Andy Wong



Speaker - Ms Sandy Cheung



Pres. Lee presented a club souvenir to Ms Sandy Cheung



Pres. Norman Lee & Hon. Sec. Dr. Eric Chin attended the PolyU Donor reception on 22 April 2010



Group photo with members & guest speaker

50th District Conference, 17-18 April, 2010







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