



東風



TUNG FENG

香港東區扶輪社週報 THE ROTARY CLUB OF HONG KONG ISLAND EAST

Last Week's Proceedings (20th April, 2005)

Pres. Rudy welcomed back PP Chris Howe back to attend the luncheon after his return to UK. He also welcomed secretaries Elsa Li, Polly Wan and Joyce Yeung who were invited by PP John, PP Hubert and PP Stephen. Taking this opportunity, Pres. Rudy invited PDG Peter to present souvenirs to these secretaries in order to show our appreciation for their services to our members.

Since PP Chris had been away with us for a long time, Pres. Rudy invited PP Chris to update his recent situation to the members. PP Chris expressed that he preferred living in Hong Kong very much and was very happy to see all fellow Rotarians away in this luncheon. His family has settled down in UK and he experienced another European winter after 14 years' leaving. After moving in a new home, PP Chris admitted that he had to become a DIY man at present. As a member of the main board of his company in UK, he would try his best to persuade the company to do business in Hong Kong and China so that he could return to Hong Kong to meet us more frequently. After his sharing, PDG Peter presented a gift to him on behalf of the Club.

Pres. Rudy afterwards asked PP John to make announcement of the visit to Zhong Shan arrangement for opening ceremony of the new computer room in a primary school and the golf game details. Following the announcement, PDG Peter reported as SAA that the total red box contribution today was HK\$1,030.

Next, Pres. Rudy asked HT Laurence to introduce the speaker of today who is Mr Matt Tranter, the Program Manager of Outward Bound Hong Kong. The title of his speech was "Using Adventure to develop Hong Kong's future leaders - An investment in our youth."

Mr Tranter firstly introduced the Outward Bound to all Rotarians. Kurt Hahn, a distinguished German educator, who felt that the classical school curriculum was inadequate to develop a well-rounded individual. He first experimented with his educational ideas before WWII while he was the headmaster of a famous school, Gordonstoun in Scotland. The first Outward Bound® center was founded in Britain in 1941, using sea training to help British seamen at risk develop character and courage during World War II.

Outward Bound® remains the largest and most established non-profit-making organization in the world specializing in out door experiential education with more than 50 training centres in over 30 countries.

In 1970, Outward Bound® Hong Kong was founded to continue the international efforts, with an aim to provide all-round development for the local people.

Matt also told us **The Meaning of "Outward Bound"**. The expression of "Outward Bound®" refers to the moment a ship lifts its anchor, leaving the safety of the harbor and heading for the open sea. In the same way, Outward Bound® removes you from your "comfort zone" and temporarily takes you off into the great outdoors.

He also further explained the **OUTWARD BOUND WORLDWIDE MISSION STATEMENT**

To help people discover and develop their potential to care for themselves, others and the world around them through challenging experiences in unfamiliar settings.

To let us know more about Outward Bound Hong Kong, his PowerPoint presentation also showed their bases and activities including:

- Tai Mong Tsai National Base (Sai Kung)
- Wong Wan Chau Island Base (Double Haven)
- Spirit of Outward Bound Hong Kong (67-foot ocean going yacht).

After his speech, member asked Matt how Outward Bound staff made sure there would be no danger to all participants during the training course. Matt explained that Outward Bound instructors are professional full-time trainers, facilitators and safety monitors. They come from different cultures and backgrounds, and are chosen as much of their ability to lead and deal with people as they are for their language abilities, interpersonal and technical skills. Each trainer is dedicated to giving you the best training to be conducted in Cantonese, Mandarin or English. Safety is placed at the first place at Outward Bound, and their instructors continually upgrade their training in the latest instructional, safety and emergency practices. They have certification in first aid, life-saving and different outdoor skills such as mountaineering, kayaking or sailing. Training courses must be conducted according to the safety guidelines stated in the Outward Bound International Safety Manual that has been developed over 30 years and is internationally reviewed on a regular basis. All instructors are trained to adhere to strict safety rules and procedures.

Mr Tranter also introduced the Community courses to us. It is a set of courses for people involved in community support programmes, people with physical and mental disabilities, socially deprived, and youth at risk and ex-drug addicts undergoing rehabilitation. Outward Bound® conducts special community courses for clients of government and social welfare departments, non-profit-making and voluntary groups, such as people involved in community support programmes, people with physical and mental disabilities, youth at risk, ex-drug addicts, children of new immigrants from mainland, abused women and cancer patients after rehabilitation.

At the end of his speech, he also shared how Rotary can get involved, such as

- Sponsor community based course. - For example "The rotary 14 day course for blind people"
- Sponsor individual members or associates to attend a leadership open enrolment course.
- Special Rotary course. -Proposal given to President.

After the speech, Pres. Rudy asked IPP to thank the speaker.

Pres. Rudy then asked the program chairman Eddy what is next week's program. PE Eddy announced that next week's speaker is Dr Nicolas Yeung and title of his talk is "Construction Industry Institute Hong Kong - A Partnership for Innovation and Continuous Improvement".

Then Pres. Rudy closed the meeting with a toast to RI coupled with the Rotary Clubs all over the world.

Rotary Information

Polio and Rotary

The following article is an extract from the recent Wall Street Journal.

To-day marks the 50th anniversary of the Salk polio vaccine. Poliomyelitis, also known as infantile paralysis, used to be one of childhood's most feared diseases. A few years after Dr. Jonas Salk announced his vaccine on April 12, 1955, nearly every child in the U.S. was protected. To-day polio disappeared from the Americas, Europe and the Western Pacific and is nearly gone from the rest of the world.

A too-little known part of this feat is the role played by Rotary, the international businessman's club, which 20 years ago adopted the goal of wiping out the disease. Rotary understood that medical breakthroughs are worthless unless people aren't afraid to immunize their children and efficient delivery systems exist to get the vaccine to them. And so it mobilized its members in 30,100 clubs in 166 countries to make it happen.

In 1985, when Rotary launched its eradication program, there were an estimated 350,000 new cases of polio in 125 countries. Last year, 1,263 cases were reported. More than one million Rotary members have volunteered their time or donated money to immunize two billion children in 122 countries. In 1988, Rotary money and its example were the catalyst for a global eradication drive joined by the World Health Organization, Unicef and the U.S. Centers for Disease Control. In 2000, Rotary teamed up with the United Nations Foundation to raise \$100 million in private money for the program. By the time the world is certified as polio-free- probably in 2008 - Rotary will have contributed \$600,000 million to its eradication effort.

A vaccine-company CEO recently volunteered to us that the work of Rotary and the Gates Foundation, both private groups, has been more effective than any government in promoting vaccines to save lives. It's become fashionable in some quarters to deride civic volunteerism, but Rotary's unsung polio effort deserves the Nobel Peace Prize.

District News

The 45th District Assembly of RIDistrict 3450 was held on 16th April 2005 at the Hotel Miramar, attended by over 200 participants for a whole day of aspiration and motivation for the incoming officers and members of each club. The District Assembly is really a training and discussion venue which covered the following topics after hearing the opening speech by D.G. Alex Mak and the introduction of RI President-Elect Carl-Wilhelm Stenhammar and his theme "Service Above Self" by D.G. Elect Peter Wan:

Presidents and Secretaries Session, The Rotary Foundation, New Generation, Rotary Image and Service, Membership & Retention and Strategic Planning.

The introduction of district officers which includes the appointment of our own PP Hubert Chan as Assistant Governor and PP Henry Chan as Deputy Assistant Governor. The District Fund budget for 2005/2006 was unanimously passed by the voting delegates, i.e., the presidents-elect or their representatives. For general information, the said resolution is printed hereunder:

" IT IS RESOLVED by the Presidents-elect at the 45th District Assembly of RI District 3450 that the annual per capita levy for 2005-2006 shall be HK\$1,250 for each Rotarian of clubs in Hong Kong, HK\$950 for each Rotarian of clubs in Macau, HK\$275 for each Rotarian of clubs in Mongolia, HK\$830 for each Rotarian of the E-Club of District 3450 and HK\$830 for each Rotarian of the Rotary Club of Beijing (Provisional) and the Rotary Club of Shanghai (Provisional), such levy to be payable in equal half-yearly installments based on the number of members in the respective clubs in District 3450 as at 30 June 2005 for the first installment and as at 31st December 2005 for the second installment".

Joke & Cartoon

Subject: Fw: The Perks of Being Over 60

For those who are over 60, have a laugh and those who aren't 60 yet, something to look forward to!

The Perks of Being Over 60

1. Your supply of brain cells is finally down to manageable size.
2. Your secrets are safe with your friends because they can't remember them either.
3. Your joints are more accurate meteorologists than the national weather service.
4. People call at 9 PM and ask, "Did I wake you?"
5. People no longer view you as a hypochondriac.
6. There is nothing left to learn the hard way.
7. Things you buy now won't wear out.
8. You can eat dinner at 4 P.M.
9. You can live without sex but not without glasses.
10. You enjoy hearing about other people's operations.
11. You get into heated arguments about pension plans.
12. You have a party and the neighbors don't even realize it.
13. You no longer think of speed limits as a challenge.
14. You quit trying to hold your stomach in, no matter who walks into the room.
15. You sing along with elevator music.
16. Your eyes won't get much worse.
17. Your investment in health insurance is finally beginning to pay off.
18. You can't remember who sent you this list!

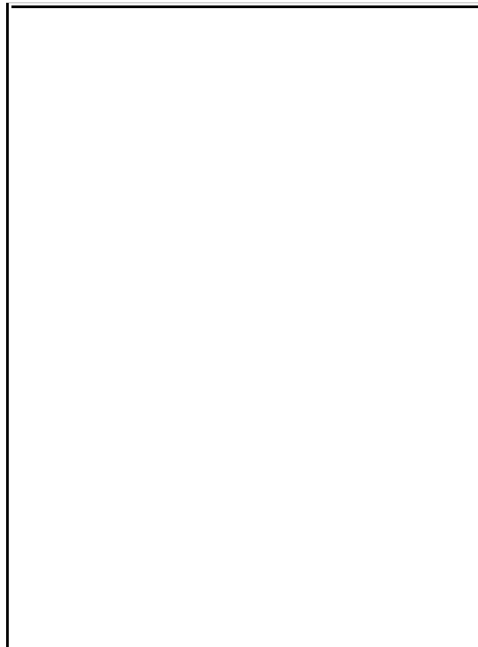


"Mr. Schwartz, the tests show you are not impotent.
Your penis is just scared to death!"

Photographs of our meeting

on

20th April, 2005





Mr. Matthew Tranter, Programme manager, Outward Bound School, was our speaker for today. The title of his talk was "Using Adventure to develop Hong Kong's future leaders. An investment in our youth".



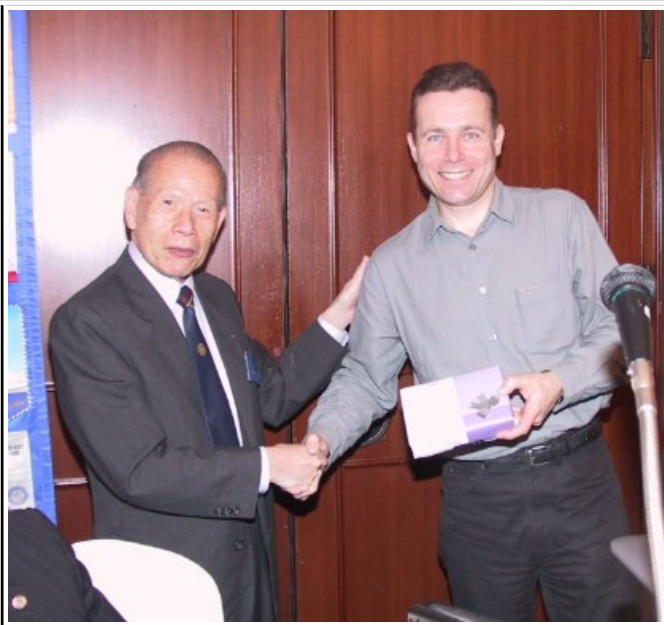
(L to R) PDG Uncle Peter, Mr. Matthew Tranter, Pres. Rudy.



(L to R) Hon Sec John, PP Chris Howe, PE Eddy.



PP Chris addressing our meeting, telling a little about what has happened to him since he left us.



PDG Uncle Peter presenting a gift to PP Chris.



Today was Secretaries day so PDG Uncle Peter handed out present to all the Secretaries who were present. Sorry if your sec was not there. Better get ready for next year's event.



PDG Uncle Peter sat with our lovely group of Secretaries of our members. (L to R) PP Henry, Ms Elsa Li, (Our club's own Sec.) PDG Uncle Peter, Joyce Yeung (PP Stephen Liu's Sec), and Polly (PP Hubert's Sec.)



(L to R) PP's Andrew, Hubert, Tim, Stephen, Rtn Tony, and PPJ.L.



(L to R) Hon Tres. Laurence, IPP Henry, Ms Elsa Li, Joyce Yeung, and Polly.



Group Photo of our meeting with PDG Uncle Peter, Pres. Rudy, and three lovely Secretaries, PP Chris and our members of our club on 20th April, 2005

