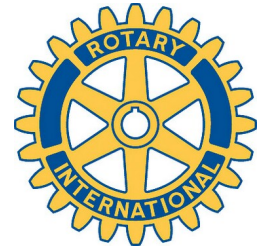




東風 Tung Feng



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26th March, 2014

Last Week's Proceedings – 19th March, 2014

Pres. Jonathan called the luncheon meeting to order in time. Our speaker was visiting Rotarian, Pres. Mawin Cheung from the Rotary Club of Happy Valley to speak to us on the topic of "How Urban Organic Farming Benefits Us".

Pres. Jonathan made the following announcements:

1. Our club HKIE second evening meeting will be held on 26th March and our new member Ronnie Pao will be inducted during the meeting. Please try to make yourself available for the upcoming fruitful gathering.
2. Our sister club RC of Osaka Jonan invite us to visit Japan and join their 45th anniversary commemorative ceremony and banquet on 30th May. The time will be from 3pm to 6pm and the venue is Sheraton Miyako hotel Osaka. Ordinary attire will be fine. My wife Emmy and I will support and attend the event, members who are interested please enroll to me.
3. The event of Happy Luncheon enable members of Rotary Club of Hong Kong Island East to know more about the children with intellectual disability and enables Choi Jun School students to enhance their communication skills, improve the table manner through having lunch with members of Rotary Club of Hong Kong Island East. The 5th Happy Luncheon is scheduled on Mar 28, 2014 Friday, exact date and venue will be confirmed soon.
4. Rotary Club of Aberdeen (Provisional) Fellowship BBQ going to host in Aberdeen Boat Club on 23rd March 2014 (Sunday) ,1:30pm at Middle Island of Aberdeen Boat Club, 20 Shum Wan Road, Aberdeen, Hong Kong. Boat to Middle Island available every 30 minute from Aberdeen Boat Club. The cost is Adult HK\$360 and Children under 12 HK\$180, members who are interested please enroll to me.



THE ROTARY CLUB OF HONG KONG ISLAND EAST LTD.

香港東區扶輪社週報

Club 16340

District 3450

**Chartered on 06 April, 1954 by Charter President
PDG (Uncle) John Yuen**

5. Rotary Annual 10K running event - Hong Kong STREETATHON 10km@Kowloon East 2014 will be held on March 23rd 2014 (Sunday). Route is "Unique course of Local roads between the new Kai Tak Cruise Terminal, and Kwun Tong to take runners through the industrial, commercial and residential areas". The Fee is HKD230, members who are interested please enroll to Director Stacy.
6. The District's PP Dinner which will be held on Friday April 11th 2014 6:30 pm at The Banquet House (御苑皇宴) Mega Box, 13/F, Kowloon Bay. The Full price is 600HKD, members who are interested please enroll to Director Stacy.

SAA Jonah reported that the red box collection of the day was HK\$1,100. Birthday boy was PP Andy Wong, his song leader being PP John Kwok.

PP Heman formally introduced our speaker, President Mawin Cheung who was a graduate of PolyU and with a MBA from Birmingham University of UK.

Pres. Mawin was a banker by profession, upon his retirement to start his second career (in fact a personal interest) to promote Urban Organic Farming as an alternative to conventional farming practices.

Pres. Mawin took on CEO role of Easy Organic Farming, with product lines of eGarden and eField, which are two production lines specifically designed for people who intend to cultivate in a limited and vast area respectively.

His carbon minimization solutions could be through Green Roof Organic Farming System. This innovative urban farming on roof would add high value to the business of corporate clients such as Grand Hyatt Hotel, Regal Group and Sun Hung Kai Property Management.

Pres. Mawin suggested the food waste recycling could be subject to ISO22000 certification standard and it enhanced the corporate image and CSR responsibility.

The environmental benefits could be such as carbon reduction, resource recycling and reduction of land fill burden. The corporate sponsorship had promoted the staff participation on week day for their team building, physical exercise and mental health well-being (stress management); also family participation on week-end situations.

The promotion of organic greens might also help in some way of cancer prevention (organic green vegetable said to be free from heavy metal found in regular farming vegetables or growth hormones found in poultry or other meats). The spice gift was also a good alternative to flower gift or fruit basket.

Pres. Mawin was kind enough to share his personal involvement with the Green Technology Consortium (GTC), as VP and the PR functional head. GTC maintained an 120,000 sq. ft. organic farm and campus at Sheung Shui to display various green technology initiatives:

- Food waste processing centre: manage up to 50 tons daily including 60,000 to 120,000 lunch boxes.
- Food waste machine training centre: display various machines from few kg. up to 100 kg.
- Urban Organic Farm: illustrate modern organic farming solutions inside city.
- Japanese Experimental Farm: Japanese researcher doing R&D projects
- Hydroponic Farm: provide water farming vegetable.
- GTC Green Room: display solar light and wind powered system, bamboo flooring, chemical free cleaning solution (an initiative supported by CLP).

Pres. Mawin pointed up that a food waste recycling process could lead to urban farming opportunity in both on-site and off-site situations. The fact that HK had on average 3,600 tons of food waste being dumped onto the land refill center every day.

- The on-site farming could start with installing biological decomposition (with enzymes and micro-organisms to react with food waste for compost products, taking a few weeks) or dry decomposition facilities in the premises (crunching first by electricity power and high temperature oven to decompose the food waste).
- Apparently the food waste processing machines could be made available in 100kg (or max 1,000kg) capacity and to be installed either in the courtyards or mostly on the roof in Hong Kong situation. The purchase price could be in the range of HK\$300,000 to HK\$500,000 or on monthly rental basis, and the utility cost could be about HK\$30 per day. HKSAR government might provide financial incentive in both purchase and operating costs, for approved food waste processing cases.
- There were quite a few corporate initiatives in HK for mobile farming (mostly roof top), such as from the Regal Hotel, Grand Hyatt Hotel, Hysan Place in Causeway Bay, Samson Paper, UBS, Tsuen Wan Plaza, Yoho Mid-town, and Shatin New Town, Cheung Chau Lady Recreation Association, the Sheung Shui Hong Lok Yuen. The organic fertilizer could be used for green labeled farming or organic farming purposes, to be implemented over the otherwise idle roof.
- There was also off-site farming opportunity from China to take on the organic fertilizer output from the local food waste recycling purpose.

The anecdotes of mobile farming were with Samson Paper, who offered organic tea (mint and others) to their business visitors, fresh from their own roof.

A high-end eating place such as Chef Eddy @ Wong Chuk Hang could even provide kitchen choice of greens fresh from their roof garden.

Both DGS students and Girl Guides in Hong Kong were promoting the organic vegetable and spices for domestic cooking classes and for their after school exercise and environmental education.

HSBC had another successful case in sponsoring Pok Oi Hospital senior citizens for their wheelchair farming, to enhance self esteem and purposeful exercise, giving them meaningful targets and emphasis of normal life to go on.

PP Norman thanked the speaker in our usual Rotary manners and asked if there were more successful cases in urban farming, Pres. Mawin suggested more initiatives to be in progress, such as from ICC and Heng Fa Chuen. The carbon lowering and cooling effect was said to be effective with a range of 3-5 degree C.

Pres. Jonathan informed members of the next week program to be an evening gathering at Regal Hotel, with new member induction, club assembly and LNU Rotaractors (new board) to update their 2014 community service plan. Pres. Jonathan proposed a toast to RI coupled with RC of Happy Valley. The members and guest were also invited to stay for a group photo. The luncheon meeting was adjourned in time.


 LAUGH FOR THE WEEK

Subject: Med School Exam

When a male applicant took the entrance exam for medical school, he was perplexed by this question:

"Rearrange the letters:
P-N-E-S-I

to spell out the part of the human body that is most useful when erect."

Those who spelled SPINE became doctors....

The rest are in Congress...



YEAR 2013-2014						
<i>President</i>	<i>Secretary</i>	<i>Treasurer</i>	<i>Ex-Officio</i>	<i>Club Advisor</i>		
Jonathan Lamport	Carl Yau	Rudy Law	Nancy Yee	Peter Hall Henry Chan	YK Cheng Hubert Chan	
<i>Directors:</i>						<i>PP Council Rep</i>
John Kwok	Eric Chin	Stacy Ho	Heman Lam	Norman Lee	William Wong	Andrew Chen
<i>Service Chairs:</i>						
Anthony Kwong	Kevin Leung	Dr. Freddie Wu Teresa Ho	Sharon Lamport	Laurence Chan		

Club postal address: P.O. Box 47064, Morrison Hill Post Office, Hong Kong

Club website: <http://hkie.rotary3450.org>

Make-up cards to Club Secretary: Ms Anne Ng

c/o Li, Tang, Chen & Co., 10/F, Sun Hung Kai Centre, 30 Harbour Road, Wanchai, Hong Kong

Tel : (852) 2827 8663 (ext.176) Fax : (852) 2827 5086

**ROTARY CLUB OF HONG KONG ISLAND EAST MEETS EVERY WEDNESDAY, 12:30 p.m.
at Regal Hong Kong Hotel, Causeway Bay, Hong Kong.**

19 March 2014 - Luncheon Meeting
Rotary Club of Hong Kong Island East



PP Uncle John Kwok, Pres. Mawin Cheung from RC of Happy Valley & Pres. Jonathan Lamport



Dir. William Wong, PP Norman Lee & Rtn. Tony Loy



PP Henry Chan & PP George Leung



PP Stephen Liu & PP Andy Wong



AG Heman Lam & PP Eddy Wong



Rtn. Jason Chiu & SAA Jonah Cheung



Rtn. Peter Yeung & PP Rudy Law



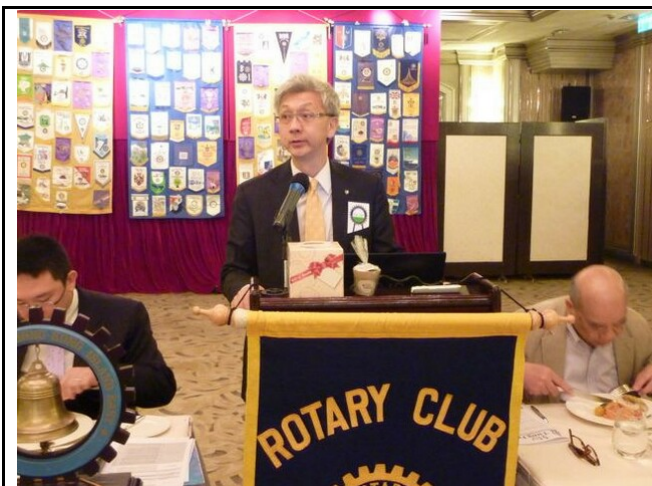
Pres. Jonathan Lamport chaired the meeting



This week's birthday boy is PP Andy Wong. PP Uncle John Kwok led the birthday song.



AG Heman Lam introduced the speaker



Pres. Mawin Cheung from RC of Happy Valley spoke to us on the topic of “How Urban Organic Farming Benefits Us”



Pres. Mawin Cheung presented a gift to PP Uncle John Kwok



Pres. Jonathan Lamport present a photo in action to thank Pres. Mawin Cheung’s interesting talk



Group photo of members & guest speaker.