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21st March 2001

What Happened Last Week

This week was a little light on members, but it nevertheless turned out to be a very enjoyable and informative meeting. It was opened by President Taj and he gave a special welcome back to a popular former member, PP Henry Fetigan (now RC Vancouver Chinatown).

Another long-lost member (but still part of RC HKIE), Rtn Andrew Shek was called on to make the introductions:

PP Henry Fetigan (Vancouver Chinatown)

PP Peter Tse (Tsimshatsui East)

President Bob Wilson (HK South)

Andrew also explained that his long absence was due to his transfer on assignment to Tokyo, but he is now bacl: in Hong Kong and ready to resume his involvement in Club activities.

PDG Uncle Peter then announced that the District Conference was imminent (7-8 April) and members should indicate their intention to attend. The Club will pay for registration (\$1,800) but members have to be aware that, if they nominate and fail to attend, then they will be billed for the registration fee.

Uncle Peter also reported that a Rotary tree planting ceremony will take place at Sai Kung on Sunday, 1 April. Members could sponsor a tree with a \$100 donation which should be given to Rtn Rudy.

Rtn Malcolm had the honour of introducing the day's speaker, Ms Tsang Fook Yee, Deputy Executive Director of the HK Society for the Aged (SAGE). Ms Tsang said that she has been working with SAGE for 11 years.



THE ROTARY CLUB OF HONG KONG ISLAND EAST

香港東區扶輪社調報

Club 4350

District 3450

Chartered on 6 April, 1954 by Charter President PDG (Uncle) John Yuen This Society was established in 1977 and its first project was to purchase a 50-seat bus which was used to facilitate some educational and recreational programs. Today, SAGE administers 23 units (9 residentials and 14 day service centres) employing 800 full-time staff, including social workers, nurses, etc.

Ms Tsang reported that, currently in Hong Kong, there are about one million people over 60 years of age; 60 percent of these are literate, so there is a need for educational programs; 80 percent of these elderly people live with their families, with the other 20 percent living with their spouses or alone.

The needs of the aged are changing rapidly: They now require more independence than in the past and SAGE has revised its mission in relation to this. SAGE has also put its focus on the prevention of the normal problems of old age rather than remedial activities.

Two new programs recently introduced are:

- The College of Life-long Learning which provides educational courses for old people.
- The Elderly Volunteer Development Project which engages old people in providing services to others in the community.

In closing her address, Ms Tsang invited the Club to consider assisting SAGE by either donating money or providing services in the execution of their programs.

Ms Tsang was thanked by PP Rob for her informative address.

To close the meeting on time, President Taj proposed a toast to the Rotary Club of HK South.



Trustees raise cap on DDF contributions to India quake relief

At their February meeting, The Rotary Foundation Trustees made a decision to encourage Rotary districts to make a District Designated Funds (DDF) contribution to ongoing relief efforts for earthquake victims in India. They agreed to allow each district, on a one-time



Tung Feng

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Ms. Tsang Fook Yee Executive Director (SAGE) speaks of her efforts to assist the elderly.

Our former member
PP Henry Fetigan
(Vancouver Chinatown)
& Pres. Bob Wilson
(HKSouth) look pleased
to share company with
our Sec. Ates.



Rtns. Malcolm & Rudy taking care of our adopted member, PP Peter Tse (TST East).



Visitors & guests to the Club on 14 March, 2001 basis, to donate up to US\$25,000 in DDF to this appeal. The regular cap on DDF contributions for disaster relief is \$10,000.

In addition, the Trustees agreed to consider the immediate approval of a maximum of two 3-H Grants of up to \$300,000 each for low-cost shelters to support earthquake relief efforts in Districts 3050 and 3060, and a maximum of two additional 3-H Grants of up to US\$300,000 each for the same purpose in 2001-02. Those grants will be administered in accordance with current Rotary Foundation policies.

These decision recognize that the 26 January earthquake that devastated Gujarat state in India was a natural disaster of a significant proportion, the likes of which have rarely been experienced in recent history, and as such requires an extraordinary response. The earthquake, which may have claimed at least 30,000 lives, also left 150,000 injured and a million homeless.

The Trustees also thanked the senior leaders from India for bringing the magnitude of the earthquake in Gujarat, India, and its surrounding areas to their attention, and commended Rotarians from India for their rapid response to this disaster.

British Rotarian's birthday swim raises funds for charity

Throwing two birds with a stone is an apt way to describe Richard Ayling's news-making bid to raise money for the charities funded by his Rotary club.

A member of the Rotary Club of Bromley, England, Ayling swam 65 lengths in 65 minutes at the end of January to celebrate his 65th birthday and to raise GBP1,000 (US\$1,461) for the charities supported by his club. The Walnuts Leisure Centre, Orpington, gave Ayling the use of a lane at their swimming pool for this charity bid, whose newsworthiness the Southborough Lane native characteristically downplayed. "When you get to my age, you have nothing better to do!" he said. "I swim at The Walnuts three times a week to keep fit, and I thought this was an interesting way of raising money for the charities supported by the Rotarians."

LAUGH FOR THE WEEK

A woman accompanied her husband to the doctor's clinic. After his check-up, the doctor called the wife into his office alone.

He said, "Your husband is suffering from a very dangerous disease, combined with very severe stress. If you don't do the following, your husband will surely die.

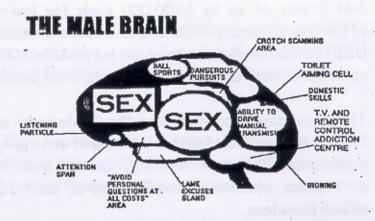
"Each morning, fix him a healthy breakfast. Be pleasant and make sure he is in a good mood. For lunch, make him a nutritious meal he can take to work. And for dinner, prepare an especially nice meal for him. Don't burden him with chores as this could increase his stress. Don't discuss your problems with him - it will only make his stress worse. Try to relax your husband in the evening by wearing revealing lingerie and giving him frequent massages. Encourage him to rest whenever possible in front of the TV. And most importantly, satisfy his every whim when you are in bed.

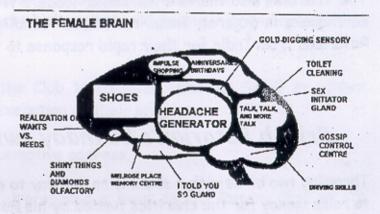
"If you can do this for the next 10 months, your husband should regain his health."

On the way home, the husband asked his wife, "What did the doctor say?"

"You're going to die," she replied.

Following last week's x-ray of the male brain, here are two other maps of the brains of the two genders to explain why they think so differently:





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