



東風



TUNG FENG

香港東區扶輪社週報 THE ROTARY CLUB OF
HONG KONG ISLAND EAST

Kung Hay Fat Choi
To all Members and Their Family
& Friends
on the year of the Dog

Last week's Proceedings -

18th January, 2006

It was the 27th meeting of the Rotary year. President Eddy rang the bell at 1:27pm and the attendance was 16 plus our speaker, Mr. Talis Wong and 3 guests.

PP Tim introduced his guest Michael and PP Hubert introduced his guests, Mr. Samuel Ng and Mr. Francis Chu from Singapore.

President Eddy announced that the District has requested nomination of Elderly members aged 75 or above for a special award, the details will be announced later. President Eddy has searched through our members list and found only 2 members are eligible. They are PDG Uncle Peter and PP Uncle John. Hence our Club will nominate these 2 members for the Award.

SAA PDG Uncle Peter reported the intake for the red box at HK\$900.

Our speaker, Mr. Talis Wong, was introduced by Rtn Norman. He spoke on the topic "the Magic Eye".

Talis told us that our eyes are an important part of our body and hence need attention to maintain the good condition. Most people start to do exercise to maintain their body fitness when they are still young, but never aware that your eyes also require the same kind of attention. He took a poll on the floor and found that over 80% had spectacles to maintain a clear vision and one member had Lasik surgery to get ride of the spectacles. The theory of Magic Eye is nothing more than providing the correct exercise to different parts of your eyes including the ligament and the eye balls so as to maintain its good condition to provide you the good vision. Talis used a model of an eye to explain the reason of different eye vision problems and provided a few examples of exercises to correct different problems. Palming and Sunning will also help to provide energy to your eyes to improve your vision.

Question on the floor about what age should we start the eye exercise, the answer is the earlier the better. Rtn Norman has shared his daughter's experience on "the Magic Eye". His daughter has worn spectacles since age 1.5 with far-sightedness of +6.5 (over 600 degree) on one eye and +3 (over 300 degree) on the other. Last year, when she was at age 7.5, she attended the Magic Eye course and followed the eye exercise, she has dropped her spectacles right after the 2 day workshop. She has not worn glasses since then. On a recent eye checkup, her far-sightedness was dropped to +3.0 (300 degrees) on one eye and +1.0 (100 degrees) on the other.

Director Jason has thanked the speaker on our behalf. He is looking forward to one day he can wear spectacles only for the purpose of fashion and not for correcting the vision.

The topic for the next meeting would be "the E-club". The meeting was closed at 2:05pm.

Entering into the first month of the year, January is declared as "Awareness Month" by Rotary International.

The first thing in our Agenda is Club Administration which dealt with "Dues" such as Semi-Annual Dues to Rotary International and our district fund to the district. We are not totally aware how it should be settled, especially about the RI dues. The following is a guide line for general information.

Dated Admitted	Amount	Report Form	Payment Deadline
Members as at 1 July	US\$21.50	SAR	31 July
2 July to 30 Sept.	US\$10.75	New Member Form	1 Oct.
1 Oct to 31 Dec	Free		
Members as at 1 Jan	US\$21.50	SAR	31 Jan.
2 Jan to 31 Mar	US\$10.75	New Member Form	1 Apr.
1 Apr. to Jun	Free		

Note : (a) SAR means Semi-Annual Report;

(b) District Fund is decided each year at the District Assembly, therefore the amount is not the same each year;

(c) The RI dues had been increased according to the resolution passed at the Council on Legislation in 2004 as follows:

US\$19.50 per half year in 2004-2005

US\$21.50 per half year in 2005-2006

US\$23.50 per half year in 2006-2007.

(d) Date of Admission of any new member should not be changed to accommodate the payment date, as the date of the induction is important for future decision of a certain Rotary post in RI.

(e) Should there be any discrepancies, please refer to the current district Governor for further explanation.

Club News

Hearty congratulations to our Hon. Secretary Andy Wong who is celebrating his Wedding Anniversary to-day (18th January 2006) with his wife Angela. We all wish them many happy returns of the day.

Electronic Make-up Questions

You can submit an electronic makeup for this missed meeting by answering the following 7 questions:

1. Pres Eddy announced our total attendance including the speaker and guests for today was?

Answer:

2. Pres. Eddy also announced that the District requested nomination of elderly members age 75 or above. Who were the two eligible members?

Answer:

3. What was the total SAA collection today?

Answer:

4. For RI dues paid by each member from Jan 1, 2006 are:

a) US\$19.50 per half yearly

b) US\$ 21.50 per half yearly

c) US\$ 23.50 per half yearly

Answer:

5. What was the subject of our guest speaker today?

Answer:

6. What will be the topic for next week's speaker?

Answer:

7. Today was a special day for one of our Rotarian member. What is that event?

Answer:

Instruction:

Please copy these 7 questions click the following URL [John Kwok](#) and paste it to the email and answer these questions and then click send.

Joke

Today's History Lesson

Manure:

In the 16th and 17th centuries, everything had to be transported by ship and it was also before commercial fertilizer's invention, so large shipments of manure were common.

It was shipped dry, because in dry form it weighed a lot less than when wet, but once water (at sea) hit it, it not only became heavier, but the process of fermentation began again, of which a by product is methane gas. As the stuff was stored below decks in bundles you can see what could (and did) happen.

Methane began to build up below decks and the first time someone came below at night with a lantern, BOOOOM!

Several ships were destroyed in this manner before it was determined just what was happening.

After that, the bundles of manure were always stamped with the term "Ship High In Transit" on them, which meant for the sailors to stow it high enough off the lower decks so that any water that came into the hold would not touch this volatile cargo and start the production of methane.

Thus evolved the term "S. H. I. T ", (Ship High In Transport) which has come down through the centuries and is in use to this very day.

You probably did not know the true history of this word.

Neither did I.

I had always thought it was a golf term.

Photographs of our meeting

on

18th January, 2006



Our guest speaker is Mr. Talis Wong who spoke on the subject of "The Magic Eye",
Eye Exercise for Improvements of Eyesight



(L to R) PDG Uncle Peter, Guest speaker Mr. Talis Wong, and Pres Eddy.



(L to R) Hon Sec. Andy, Dir Jason Chiu, and PP Stephen.



(L to R) Guest of PP Tim, Mr. Peter Yeung, Rtn Dr. Tony, PP's Henry, John IV, and Tim.



(L to R) Hon Tres. Laurence, AG Hubert, Rtn's Norman, Eric, and our two guests of AG Hubert Mr. Samuel Ng and Mr. Francis Chu from Singapore..



Group Photo of our meeting with PDG Uncle Peter, Pres. Eddy, guest speaker and guests and our members on 18th January, 2006.

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