



What Happened at our Meeting

on

19th November, 2003

President Henry started the meeting by welcoming back members; Rtn Tommy Ling and Hon. Treasurer Clark Lu. Dir. Laurence recognized two visiting Rotarians - Rtn (Dr.) Folkart Schweizer from Murrhardt, Germany and Rtn (Dr.) Bob Harrison from Monroe, Louisiana, USA. Both of them were happy to exchange dub banners with us. VP Robert also introduced his guest, Mr Joseph Chung. Red Box collection (SAA) was reported by Rtn Andy for a total of HK\$1,400, thanks to a generous contribution by the birthday boy.

The birthday boy was none other than our Hon. Secretary Eddy Wong and he picked HT Clark as his song leader, who might have practiced a lot of karaoke in Taipei. PDG Uncle Peter also had a pleasant duty to perform, presenting the Paul Harris Fellow certificate and badge to Dir. Jason, who duly accepted them on behalf of his wife Sharon.

Pres. Henry reported that the Club had eight members to attend the District Conference on November 15-16, 2003 in the Hong Kong Convention & Exhibition Centre.

A special announcement was also made by Pres. Henry regarding our cancellation of 3 future luncheons due to the special holidays:

December 24, 2003 (Wednesday) - no luncheon due to X'mas Eve

December 31, 2003 (Wednesday) - no luncheon due to New Year Eve

January 21, 2004 (Wednesday) - no luncheon due to Lunar New Year Eve

The Annual General Meeting would be rescheduled on December 17, 2003 (Wednesday) and the deadline for directors nomination would be deferred till December 8, 2003 (Monday). There will be a special speaker to talk about Hebrew language and history; and the Club would also have a small festive celebration on December 17.

Rtn. John Yao made a suggestion in early July to Pres. Henry regarding a 4 Generations Meeting and it would finally become a reality on 27th November 2003 (Thursday, 1 a.m.) at Concorde Room, 8th floor, Renaissance Harbour View Hotel, No.1 Harbour Road, Wanchai, The four clubs joining for this luncheon include:

Rotary Club of Hong Kong Island East, Rotary Club of Hong Kong North, Rotary Club of Hong Kong City North, Rotary Club of Causeway Bay

For those early birds planning to register for R.I. Convention in Osaka (about the same time of the 35th Anniversary of Osaka Jonan in May, 2004), please do so before December 15, 2003. We may also secure special hotel room rate and air tickets (CX at HK\$2,500 round trip fare) if you send a HK\$2,000 cheque (deposit) to the Rotary Club of Hong Kong Island East (submit to Hon Treasurer Clark).

The Club has booked Fanling Golf Course on April 16, 2004 for a Charity golf event; and the 50th Anniversary Celebration party on April 17, 2004 (at Aberdeen Marina Club) would be reported on November 26 during the Club assembly.

The speaker was Rev. Dr. Tso Man-King of the Hong Kong Counseling and Mediation Service (HKCMS) and was formally introduced by Rtn Tony, our programme chairman. The HKCMS was formed three years ago, and providing individual (including inter-personal) counseling and family mediation.

Rev. Dr. Tso shared his view that a multi-discipline professional approach would be of benefit to help people resolve social stress, tension and dispute, and contributing to a more harmony and caring atmosphere in Hong Kong.

HKCMS promoted the use of Mediation instead of Arbitration in Hong Kong and endeavor to improve mediation both as a theory and practice to its best form. Their different approaches were such as:

I Psychodynamic

I Cognitive Behavioral (rational emotive therapy, cognitive therapy)

I Existential-Humanistics (personal-centered)

There is overlap and co-operation between some areas of clinical psychology and other professional fields of psychology as well as some professional fields outside of psychology, such as psychiatry and social work. Counseling and Mediation Service is a broad approach to human problems (with regard to numerous populations, including children, adolescents, adults, the elderly, families, groups, and disadvantaged persons).

Rev. Dr. Tso explained the different aspects of the practice of psychiatry (such as in psychiatric hospital or clinical services), with medical doctors and their specialty in psycho therapy treatment and medication on mental disorder. Whereas the psychology (especially for the clinical practice), involves application and scientific research of those psychological principles to the assessment, prevention, and rehabilitation of mental stress, and social tension behaviour, and to the study and care of psychological and physical well-being of their clients.

According to Dr. Tso, that counseling and mediation service practitioners had to emphasize the communication process and language skills. However, Dr Tso explained that because there was no licensing arrangement in Hong Kong for Counseling and Mediation practitioners that the clients had to verify the practitioner's previous field practice (under supervision) / track records and to make personal judgment based on their first experience with their counseling consultant to see if personal trust could be established.

Dir. Jason thanked Rev. Dr. Tso, our speaker for his contribution to the community education and counseling practice, where there was rising need for their service in this competitive environment of Hong Kong.

Pres. Henry reminded the golfers regarding the PDG Uncle Peter Golf Tournament on November 25 (Tuesday, 8am) in Fanling Golf Course, the latest entry needed to reach PP John Kwok on November 22 (Saturday). After the speech, Pres. Henry made a toast to R.I. coupled with the name of Rotary Club of Hong Kong Island East.

Rotary Information

What is RYLA?

RYLA (Rotary Youth Leadership Awards) had been very popular in Australia and New Zealand since 1959 but it was only adopted officially in 1971.

District 3450 started it only in 1986 after chairman Alan Howes from Australia met our PDG Peter Hall in 1985 to introduce this RYLA project to Hong Kong. As a result, we first sent two young adults in the person of Miss Kowin Lam and Mr. Concalos Calaco from Hong Kong and Macau respectively to attend the RYLA camp in Mose Vale, Australia.

To get the ball rolling, each of the 23 clubs in Hong Kong and Macau donated HK\$500 towards the expenses. The then District Governor Nuno Jorge and PDG Peter Hall each contributed HK\$1,000.

RYLA is a worthwhile programme for the young men and women between the ages of 17 and 25 to focus on leadership and professional development. The purpose of RYLA 2003-2004 is to give young adults to listen and exchange ideas with other outstanding community and student leaders. The 2003-2004 core curriculum includes the following:

1. Fundamentals of leadership	4. Problem-solving and conflict management
2. Ethics of positive leadership	5. What Rotary is and what it does for the local community
3. Importance of communication skills in effective leadership	6. Elements of community and global citizenship

The programme is divided into three stages:

Stage 1 - Selection Workshop	Stage 2 - RYLA Training Camp	Stage 3 - Post-camp Follow-up Session
<p>Date: 3-Jan-2004 Time: 1330 for Registration Venue: Warehouse Teenage Club, 116 Aberdeen Main Road, Aberdeen, HK Language: cantonese/English Contents: Orientation, Briefing Session Kickoff Ceremony and BBQ</p>	<p>Date: 30-Jan-2004 Time: 0900 (30/1/2004) 1630 (1/2/2004) Venue: HK Adventure Corps- High Island Training Camp Language: English Contents: Through various group activities and games, participants will build up the sense of responsibilities, communication techniques, and enhance the spirit of unity, leadership skills and self-development.</p>	<p>Date: 28-Feb-2004 Language: English Contents: A follow up programme allowing the trainers to evaluate with the participants the outcome of their special tasks. All participants will gather again to share their experience.</p>

Each Rotary Club is invited to nominate two young men or women age between 17-25 to attend this RYLA project in Hong Kong. The district will bear all the costs and expenses

Jokes & Cartoon

A man joins a big corporate empire as a trainee.

On his very first day of work, he dials the pantry and shouts into the phone - "Get me a coffee, quickly!"

The voice from the other side responded, "You fool you've dialed the wrong extension! Do you know who you're talking to, dumb?"

"No," replied the trainee.

"It's the CEO of the company, you fool!"

The trainee shouts back, "And do YOU know who YOU are talking to, you fool?!"

"No." replied the CEO indignantly.

"Good!" replied the trainee, and puts down the phone.

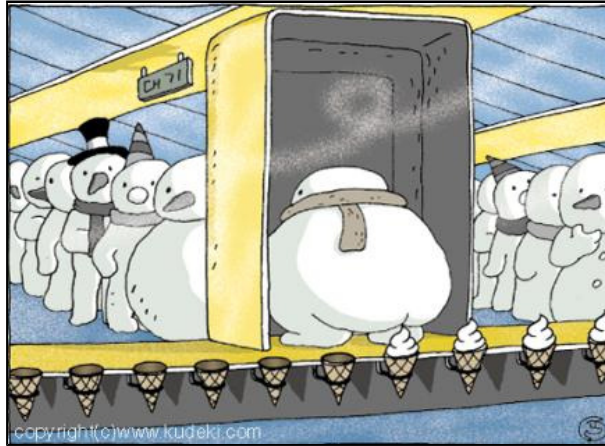
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A Husband and wife are getting ready for bed. the wife is standing in front of a full length mirror taking a hard look at herself.

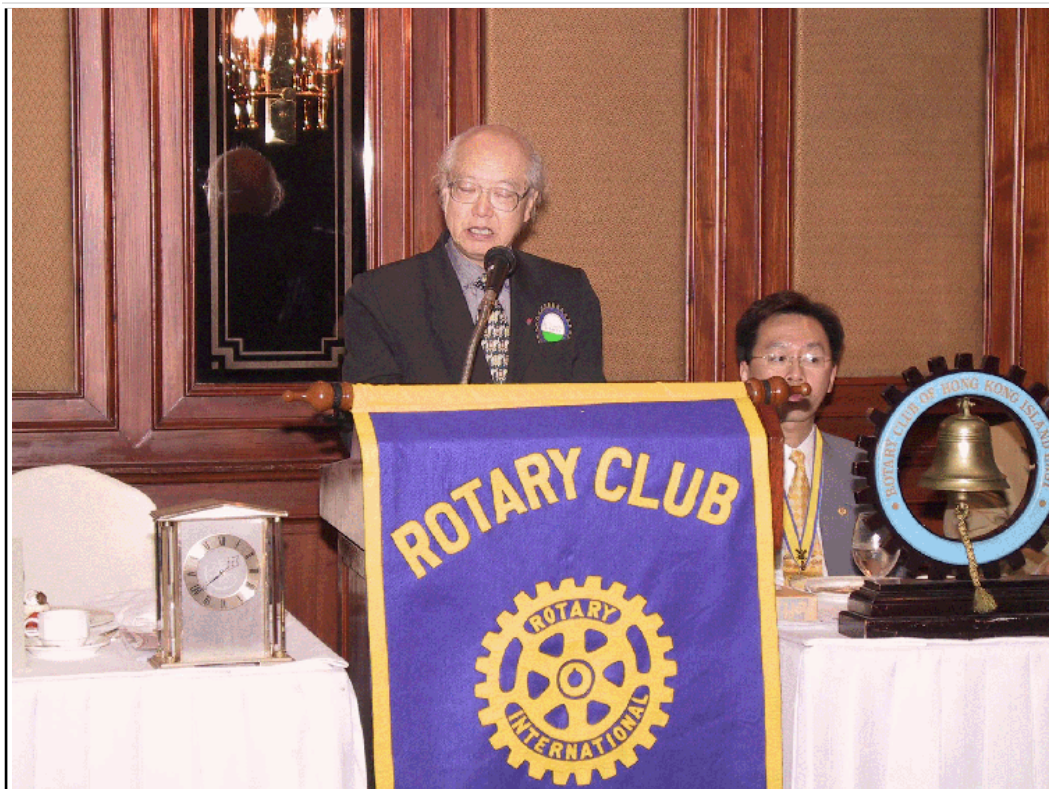
"You know love" she says, "I look in the mirror and I see an old woman. My face is all wrinkled, my boobs are barely above my waist, my bum is hanging out a mile. I've got fat legs and my arms are all flabby".

She turns to her husband and says.... "Tell me something positive to make me feel better about myself".

He thinks about it for a bit and then says, "well.....there's nothing wrong with your eyesight".



Photographs of Our Meeting
on
19th November, 2003



Our guest speaker for this week was Dr. Tso Man King of HK Counceling & Mediation Service who spoke to us about Counselling in Hong Kong.



At the left head table (L to R) PDG Uncle Peter, Dr. Tso Man King & Pres. Henry.



At the right head table were (L to R) Hon Sec. Eddy, Dr. Folkart Schweizer (Germany) & Dr. Robert Harrison (Louisiana, USA).



Dir Jason Chiu receiving his Paul Harris Pin from PDG Uncle Peter for his contribution to Rotary.



Our birthday boy was none other than our Hon. Sec. Eddy here receiving his present from Pres. Henry while Hon Tres. Clark led the birthday song.



(L to R) PP Tajwar, Program Chairman Dr. Tony, Dir Laurence, PE Rudy, & Dir Heron.



We exchanged banners with Visiting Rotarian Dr. Robert Harrison (Louisiana, USA)



We also exchanged banner with Dr. Folkart Schweizer (Germany) and received an IOU.



(L to R) VP Robert, Rtn. Tommy, PP's Stephen, George, Dir Jason & guest.



(L to R) Rtns. Dr. Stephen, John V, Paul & Hon Tres. Clark.



Group Photo of PDG Uncle Peter, Pres. Henry, Guest Speaker & visiting Rotarians on Nov. 19th, 2003.

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