



Tung Feng



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What Happened Last Week

A little diversion this week: PE Stephen was Acting President in the absence of President Taj who was in Indonesia on business. PE Stephen got the meeting underway by explaining his presence and welcoming the visitors and guest to the Club.

Rtn Rudy took charge of the introductions:

PP Peter Tse (TST East)

PP Michael Grimshaw (Bingham, UK)

Jonathan Lamport (Rtn Bill)

PE Stephen then presented an IOU Club banner to PP Michael Grimshaw. Michael then spoke briefly to say that his UK club was chartered in 1975. He pointed out that Rotary Clubs in the UK were struggling for membership numbers but there was a significant growth in the breakfast clubs which were now popular.

Sergeant Eddie reported that 17 members were present and \$900 had been collected.

PDG Uncle Peter provided some Rotary information for the members. He spoke about the Past Presidents' Council. He informed members that HKIE has a Past Presidents' Council, and the Representative on the Club Board is PP John Kwok. He said that some held the view that this body is illegal in the Rotary organization because it is not mentioned in the Manual of Procedure (MOP). He said that, in fact, RI gives autonomy to every Rotary Club to add what it deems fit in administering its affairs, and therefore, a Past Presidents' Council is not illegal. As an analogy, he said that there is no mention of a Club Advisor in the MOP either, but it is still legal to have one (*PDG Uncle Peter has this role in HKIE*). In HKIE, he said, the PP Council is an advisory body only and has no power to enforce its advice.



THE ROTARY CLUB OF HONG KONG ISLAND EAST

香港東區扶輪社週報

Club 4350

District 3450

Chartered on 6 April, 1954 by Charter President
PDG (Uncle) John Yuen

Finally, it was wise, peaceful, successful and handsome PP Hubert's turn as guest speaker to talk about a personal development course he and his wife Josephine had undertaken, and for which they are both now qualified trainers. The program is called AVATAR which was developed by Harry Palmer.

He began by asking members if they experience their beliefs, or believe in their experiences. His own answer was that it depends only on what you prefer. The real goal is to consciously identify and understand our personal beliefs, viewpoints and identity, so that we can experience them.

Hubert gave a brief overview of the course structure:

- On the first day, participants are assisted in looking at the blueprint of their lives, particularly their secret, inner-most beliefs.
- Over the next 4-5 days, participants are taken through activities designed to increase their perceptions of themselves and the world around them.
- Finally, the last 2 days are devoted to developing the skills for intentionally 'discreating' the realities they are experiencing. The object is to eliminate the pain or limitations of those past experiences which continue to haunt our conscious lives.

The benefits claimed for AVATAR are:

- It creates beliefs with certainty.
- It also 'discreates' beliefs with certainty.
- It enables us to shift out of our experiences at will.
- It allows us to fully experience life.
- It facilitates quietness of mind.
- It provides us with the ability to free ourselves from judgment.
- It enables us to explore our own consciousness.

Hubert is impressed with the program's simplicity in engaging with seemingly difficult personal issues. He rounded off his talk by taking several exercises from the accompanying textbook, "Resurfacing," and allowing members to address them.

PP Rob thanked Hubert for his interesting talk and demonstrations.

Rtn Tony Loy advised members that one of our new members, Clark Lu, would be giving a talk about himself next week.

The meeting was closed by PE Stephen with a toast to the Rotary Club of Bingham, UK.

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PP Hubert putting members in touch with their beliefs & experiences.



Acting Pres., PE Stephen presents PP Michael Grimshaw (Bingham, UK) with a HKIE banner.



Gracing the head table: PDG Uncle Peter, PP Hubert & PE Stephen.



The other end of the head table: Sec. Ates, PP Michael Grimshaw & Rtn Malcolm.

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Rtn Sam & PDG Y.K.
enjoying each other's
company.



PP Rob uses his story about
spiders to reinforce PP Hubert's
ideas.

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Rtn Bill & son Jonathan share a table with PP Peter Tse (TSTE) & PP Rob.



Rtn Tommy & PP C.Y. sharing fellowship with Sgt. Eddy.

Visitors & guests to the Club on 18 October, 2000.



Rotary Information

Vocational Service Month: Clubs offer help to the disabled

October is Rotary's Vocational Service Month -- a good opportunity for Rotarians to share their expertise and humanitarian spirit with their own communities and communities abroad. Some club's commitment to Vocational Service involves providing training opportunities and employment for disabled persons.

In Nigeria, the Rotary Club of Port Harcourt, which for years had supported a local residential facility for disabled children, long wondered what would happen to the children when they grew up. Could they free themselves from charity? In 1998, the club set out to build a business center, which would offer computer, reprographic, and photocopying services to the community while also providing training, jobs, and income for the residents when they become adults.

In Pittsburgh, Pennsylvania, USA, the Rotary Club of Parkway West has held parties since 1996 at a local home for 250 men and women who are developmentally and physically disabled. That led the Rotarians to help with the operation of the home's Employment Services Center -- the vocational component of the facility -- by establishing a corporate advisory committee.

In Singapore, the Rotary Club of Bukit Timah used a Rotary Foundation Matching Grant to create jewelry-making workshops for physically disabled adults. The club provided jewelry, kits, and training in order to increase skills and income potential for residents in their community whose disabilities limit vocational opportunities. The club arranged an exhibition sale to raise money to continue the successful project.

OBITUARY

It is with great sorrow that members of the Rotary Club of Hong Kong Island East express their condolences to our long-standing fellow member, PP Andrew Chen and his family on the passing away of his wife, Betty.

In lieu of flowers, the Club has made a donation to The Society of Abandoned Animals Ltd.

LAUGH FOR THE WEEK

An older gent had an appointment to see an urologist who shared a clinic with several other doctors. The waiting room was filled with patients.

He approached the reception desk. The receptionist was a large, imposing woman who looked like a wrestler. He gave her his name. In a very loud voice she said, "YES, I SEE YOUR NAME HERE ... YOU WANT TO SEE THE DOCTOR ABOUT YOUR IMPOTENCE, RIGHT?"

All the patients in the waiting room turned to look at the very embarrassed man.

He recovered quickly though, and in an equally loud voice replied, "NO, I'VE COME TO INQUIRE ABOUT A SEX CHANGE OPERATION ... AND I'D LIKE THE SAME DOCTOR THAT DID YOURS."

Thought of the week:

It may be that your sole purpose in life is simply to serve as a warning to others.



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ROTARY CLUB OF HK ISLAND EAST MEETS EVERY WEDNESDAY, 12: 30 p.m. AT
EXCELSIOR HOTEL, CAUSEWAY BAY