



東風



TUNG FENG

香港東區扶輪社週報 THE ROTARY CLUB OF HONG KONG ISLAND EAST

What Happened at our Meeting

on

15th October, 2003

Acting President Stephen opened the meeting by introducing the speaker of the day who was Dr. Lawrence Lam. After the usual formalities Dr. Lam spoke on the subject of Refractive Error treatment for near sightedness by Lasik surgery.

Treatment of Refractive Error

Non-Surgical Methods

- o Glasses
- o Contact Lens
- o Ortho-K

Surgical Methods

- o Radial Keratotomy (RK)
- o Photorefractive Keratectomy (PRK)
- o Clear Lens Extraction and IOL Implantation
- o Laser Assisted Keratomileusis In-Situ (LASIK)

Aim of LASIK surgery

- o The aim of LASIK surgery is to reduce people's dependence on glasses and contact lenses.
- o Most people who have the surgery have no further need for corrective lenses, but for some, a small prescription could help

Consideration

- o Individual Need and Expectation
- o Monovision vs Binocular Vision
- o One At a Time vs Simultaneous Surgery
- o Very High Myopia :- Other Options

Preoperative Evaluation

- o If a patient is wearing contact lenses, prior to the examination, he/she will need to abstain from wearing them for a period of 3 weeks for hard lenses & 1 week for soft lenses
- o Best Corrected Visual Acuity
- o Refraction
- o Orbscan
- Keratometry
- Corneal topography
- Pachymetry
- o Biomicroscopy (tear film, cornea, anterior segment, lens)
- o Dilated fundus examination

The Principle

The principle is to change the curvature of the cornea, so that the refractive error is reduced or even completely removed. A thin layer of the cornea is cut and removed and then Excimer Laser is used to ablate the underlying cornea to the degree calculated by computer before the operation. Then the original thin layer is replaced over. No suture is required.

The Operation

- o Local Anaesthetics eye drops dropped into your eyes.
- o Eye lids opened with supports
- o A suction ring put onto the cornea and the thin layer will be cut and flipped
- o Look at the red light and with every beep, a beam of laser is passed and the cornea is vaporized
- o The thinlayer is replaced
- o More eye drops into your eyes and your eyes will be covered for protection
- o Your eye sight will be a bit blurred initially. In 1 to 2 days it will return to almost normal and in 6 to 10 weeks completely normal.

Side effects

Very rare. Occasionally some light flare.

Who is not suitable?

- o Those who is too short sighted (over -12D)

- o Those with big changes in their eye sight in the past year.
 - o Pregnant women
-



IN MEMORIAL

**IT IS WITH DEEP SADNESS TO ANNOUNCE
THAT OUR FORMER MEMBER,
PAST PRESIDENT BAKER MOOSDEEN
(1976/1977) PASSED AWAY ON 16th
OCTOBER, 2003 IN HONG KONG AFTER A
LONG ILLNESS..**

**MUSLIM BURIAL CEREMONY WAS HELD ON
THE SAME DAY AT THE MUSLIM
CEMETARY, HAPPY VALLEY, HONG KONG.**

**A MEMORIAL SERVICE AT THE INDIAN
RECREATION CLUB, SO-KUN -PO,
HONG KONG WILL BE ANNOUNCED LATER."**

E L O G Y

It is a very sad duty for me to express the deepest condolence on behalf of myself and the members of the Rotary Club of Hong Kong Island East to the family of our former past president Baker Abu Moosdeen who passed away peacefully on the 17th October 2003 at St. Paul's Hospital due to long illness.

Baker was born on 26th June, 1926 and had been holding the post of general manager of C. Rahim & Sons Limited for many long years, in import and export business, mainly in the distribution of ivory tusks.

Baker and his family have been known to me since 1970 through social and business connections. Later, he was introduced into the Rotary Club of Hong Kong Island East in the year 1971. With his dedication in Rotary, we had been working closely together in serving our club and the community.

In 1976/77, he was elected the 23rd President of our club. He was a jolly fellow with great leadership throughout his presidency, enjoying fine fellowship with his glass of 'holy water' in hand.

To recall one of his achievements was the conclusion of the sisterhood agreement between our club and the Rotary Club of Kawasaki South, Japan in June 22, 1977. It was a pity that he cannot wait to witness our club's celebration of our 50th anniversary next year.

Prior to his death a week ago, our club sent a delegation to visit him in the hospital to cheer him up and we never expect it was so soon for him to step on his last journey.

A man of great wisdom and dedication, Baker touched the hearts of all those who knew him. We have lost a good friend but we shall remember him forever.

I thank the family of Baker in allowing me to express my feelings in this memorial service and I wish you all well. Salam !

Announcement

On-to-Sister Club 35th Anniversary of Osaka Jonan, 22nd May 2004
and
RI Convention in Osaka 23rd to 26th May 2004

From the email of Director Laurence Chan, you will note that there are TWO events which happen very close to each other, viz

- (1) 22nd May 2004 for the 35th Anniversary of our sister club,
Osaka Jonan, Osaka, Japan, and
- (2) 23rd to 26th May 2004 for RI Convention in Osaka, Japan.

If you are attending both occasions, you have to fill another form for the RI Convention. You may obtain the RI Convention Form from Director Laurence or PDG Peter Hall. Early registration is required in order to avoid disappointment.

Rotary Information

Vocation Service Seminar

In observing the Vocational Service month (October), District 3450 arranged a Vocational Service Seminar on the 14th October 2003 at a regular lunch meeting of the Rotary Club of Peninsula.

During the meeting, the panelists tried to refresh our memory on the following programmes which is not uncommon to Rotarians but mostly neglected this 2nd Avenue of Service :

1. The 4-Way Test;
2. Declaration for Rotarian in Business and Profession;
3. Career Guidance;
4. Youth activities;
5. Vocation Visits to factories and/or Government organizations
6. High ethical standards and dignity of work, etc.

Vocational service is not only the performance of the club, but also the duty of each Rotarian who demonstrates a commitment to high ethical standard in all businesses and professions.

Joke & Cartoon

A boy is watching television and hears the name Jesus Christ. Wondering who Jesus Christ is, he asks his mother. She tells him that she is busy, and to ask his father. His father is also busy so he asks his brother. His brother kicks him out of the room because he doesn't have time to answer his stupid questions, so he goes downtown and sees a bum in an alley. He asks the bum, "Who's Jesus Christ?" and the bum replies, "Well, I am." The boy, not believing the bum, asks for proof. So the bum takes the boy into the bar down the street and takes him inside. They walk up to the bar and the bartender exclaims, "Jesus Christ, are you in here again".

A man with a bad stomach complaint goes to his doctor and asks him what he can do.

The doctor replies that the illness is quite serious but can be cured by inserting a suppository up his anal passage.

The man agrees, and so the doctor warns him of the pain, tells him to bend over and shoves the thing way up his behind.

The doctor then hands him a second dose and tells him to do the same thing in six hours.

So, the man goes home and later that evening tries to get the second suppository inserted, but he finds that he cannot reach himself properly to obtain the required depth.

He calls his wife over and tells her what to do.

The wife nods, puts one hand on his shoulder to steady him and with the other shoves the medicine home. Suddenly the man screams, "NOOO..!" "What's the matter?" asked the wife, "Did I hurt you?"

"No," replies the man, "but I just realized that when the doctor did that, he had BOTH hands on my shoulder."



**Photographs of our Meeting
on
15th October, 2003**



Dr. Lawrence Lam gave us very detail informations on the Laser Treatment for Shortsightedness.



(L to R) Uncle Peter, the speaker Dr. Lawrence Lam, & Acting President Stephen at the left head table.



(L to R) Hon Sec. Eddy, Dr. Tony & Dr. Stephen at the right head table.



(L to R) VP Rudy, his mantee Lewis Lam & PP John IV listening very attentively to the speaker.



(L to R) PP Hubert, Dr. Jason, PP Li & PP J.L.enjoying the meeting



Our Group Photo showing PDG Uncle Peter, the guest speaker Dr Lam, Acting President Stephen with guest & other members of our club on the 15th October, 2003.

[previous](#) [home](#)