



東風



# TUNG FENG

香港東區扶輪社週報 THE ROTARY CLUB OF HONG KONG ISLAND EAST

## Last week's Proceedings -

24th August 2005

In the 8th meeting of the year, President Eddy opened at 1:20pm. Members have trickled back after the holidays and the attendance was 21 altogether.

Rotarian Ray welcomed on behalf of the Club, Rotarian Jagat Murari from the Rotary of Gandhi Bhavan Pune, district 3130, near Bombay, India. Three guests were present apart from our speaker, Dr. Adrian Fung. They were, Mrs. Murari, Mr. Norman Lee, guest of Uncle Peter, and Professor Sydney To, guest of Rtn John (Yao) IV.

Rtn Murari told us about his club in Pune, a 6 years old club, meeting in the Tuesday evenings, in a building bearing the name of M. Gandhi. President Eddy reported that there will be a RI meeting in Copenhagen, Denmark, in June 2006, and called for applicants to attend. PP John, Secretary Andy and President Eddy attended the 20th Anniversary of the Rotaract Club of HKIE. Also, President Eddy just returned from a trip to Hebei with the family of PP George, to visit the community project of female primary pupils literacy work of our club, where 150 primary pupils were being supported. School bags, stationery, and fees were presented to the principals. Letters of appreciation were brought back to the members, and they are very moving to read, even though they may be from a model letter. A full report on the project will be presented to the Club in September.

Acting Sergeant-At-Arms PDG Uncle Peter reported intake for the Red Box at \$900.

Dr. Adrian Fung, Consultant Dermatologist, was introduced by Rtn Tony, and gave us a talk on Early signs of Hair Loss in Men. Dr. Fung opened in saying that hair is not connected to virility, or how hard one works (in more ways than one!). Hair is important in the animal world for warmth, protection, camouflage, attraction to the opposite sex, and continuation of species. Hair in the human reflexes personality, religion and even politics. Hair complaints included unwanted absence (as in male baldness) and unwanted presence (as in female facial hair). Normally, we have 100 to 150 thousand scalp hair, and lose 100 hairs per day. Each hair has a cycle of growth phase (1 cm per month, for 2-4 years, of 85-95% of hair), stop growth phase (1%, for 2-4 weeks) and shedding phase (5-10%, for 3 months). Pattern of male hair loss is that of M shape, starting with receding hair line, temporal thinning on both sides. It can start young: 20% in age 20s, 30% in age 30s to 80% in 80s. Female hair loss is of a different pattern and stops at age 50. The causes of male hair loss are genetic predisposition and male hormone level. Two therapies will help, topical Minoxidil application and oral finasteride, effective only when the therapies are kept up. Brandy rubs, shampoo etc. do not help, and stress will make hair loss worse as it will synchronise the hair loss cycle.

Multiple questions were raised, but with the time constraint, Rtn Andrew II thanked our speaker, with members queuing up after the meeting for burning questions. President Eddy closed the meeting with a toast to the Rotary Club of Gandhi Bhavan Pune.

*Thought for the day:*

For troubles without number surround me; my sins have overtaken me, and I cannot see. They are more than the hairs of my head, and my heart fails within me.

- King David.  
Circa 1000 BC.

## Please take notice

Please note that our weekly luncheon meeting on Wednesday 7th September 2005 at the Excelsior Hotel has been approved by the board to advance it to the 6th (Tuesday) September 2005 at 7.00 p.m. at the Hong Kong Country Club, Deep Water Bay, Hong Kong.

## Rotary Information

### More About Polio Eradication

In letters to influential college, United States Senator Elizabeth Dole is urging support for budgetary requests totaling \$138.4 million in continued government funding for polio eradication activities during the 2006 fiscal year.

Dole would like to see approval of \$32 million in funding for the U.S. Agency for International Development's polio eradication efforts, included in the State, Foreign Operations and Related Programmes Appropriations bill. She also is calling for support of the Labour, Health and Human Services, and Education Appropriations bill, which includes \$106.4 million in polio eradication funding for the Centers for Disease Control and Prevention's childhood immunization programme.

Polio eradication efforts around the world are clearly working, and U.S. support has been critical," said Dole in the 11 July letters. "Since the global initiative began in 1988, more than two billion children around the world have received the oral polio vaccine. Funding will allow USAID and the CDC to continue to support intense immunization activities so that region such as Africa and Asia can improve the quality and opportunity of polio immunizations."

The senator from North Carolina addressed the letters to Foreign Operations Appropriations Subcommittee Chairman Mitch McConnell and ranking member Patrick Leahy as well as labour, Health and Human Services, and Education Appropriations Subcommittee Chairman Arien Specter and ranking member Tom Harkin.

Past RI President James Lacy, who periodically brief U.S. legislators on progress in global polio eradication efforts, praised Dole's advocacy for polio. He said that new funding for polio-related programmes at the CDC and USAID would be critically important for the Global Polio Eradication Initiative, which is in the final stages of fulfilling the goal of a polio-free world.

"Senator Dole has always been interested in polio eradication," he said. "I think the letter was a wonderful idea from her. We need all the help we can get, and Dole, like her husband before her, has volunteered to support more funding for polio activities."

Lacy said that retired Senator Bob Dole, the husband of Elizabeth Dole, played a leading role in securing initial U.S. funding for the Global Polio Eradication initiative. Rotary International recognized Bob Dole's support for the initiative with the Polio Eradication Champion Award.

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## LAUGHS FOR THE WEEK

### Ernesto you're are Fired

At dawn the telephone rings. "Hello, Senor Humphrey? This is Ernesto, the caretaker at your country house."

"Ah yes, Ernesto. What can I do for you? Is there a problem?"

"Um, I am just calling to advise you, sir, that your parrot died."

"My parrot? Dead? The one that won the International competition?"

"Si, that's the one."

"Damn! That's a pity! I spent a small fortune on that bird. What did he die from?"

"From eating rotten meat."

"Rotten meat? Who the hell fed him rotten meat?"

"Nobody senor. He ate the meat of one of the dead horses."

"Dead horse? What dead horse?"

"The thoroughbred, Mr. Lucky. He died from all that work pulling the water cart."

"Are you insane? What water cart?"

"The one we used to put out the fire."

"Good Lord! What fire are you talking about, man?"

"The one at your house! A candle fell and the curtains caught on fire."

"What the.....!!! But there's electriciv at the house!!!! What was the candle for?"

"For the funeral."

"WHAT BLOODY FUNERAL?!"

"Your mother's. She showed up one night out of the blue and I thought she was a thief, so I hit her with your new Tiger Woods Nike Driver." SILENCE.....

"Ernesto if you broke that driver you're fired!"

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## Photographs of our meeting

on

17th August , 2005



The speaker last week was Dr. Adrian Fung who spoke on the subject "Early signs of Hair Loss"



(L to R) PDG Uncle Peter, Dr Adrian Fung, Pres. Eddy.



(L to R) Hon Sec. Andy, Mrs. Murari and Rtn Jagat Murari (Pune, India).



Rtn. Jagat Murari informing us about his club in India.



Pres. Eddy exchanging club banners with Rtn Murari (Pune, India)



(L to R) Rtn Ray, Dir Paul, IPP Rudy, Hon Tres. Laurence, and Dr. Tony.



(L to R) Rtn Andrew II, guest Norman Lee, PP Hubert, PDG Y.K., PP Stephen, and PP Tim.



(L to R) Rtn John V, his guest Professor Sidney To and Rtn Ray.



Our Group Photo of our members with PDG Uncle Peter, Pres Eddy and guest speaker on 24th August, 2005

## **Our Water Resources Project in China**

**in**

## **Ningxia & Guyuan**



Special Education School in Guyuan. Center is our PP Hubert Chan here with the school children.



Water Saver in Ningxia. Pictured here is one of the wells which PP Hubert and our club has donated to Ningxia.



Another photo showing PP Hubert with one of the officials of Ningxia.

## Education Project in Hebei, China



Pres. Eddy and PP George addressing some of the school children.



The school children showing off their new school bags which have been given to them from our club.



Another photo taken of the school children with their new school bags.



## 感谢信

尊敬的香港东区 Rotary 社黄社长、梁先生：  
你们好！

我是阜平县北果园乡广安小学五年级的杨晶，由于家庭困难，无法维持学业，将辍学时，是你们伸出援助之手，给了我莫大的帮助，是你们给了我希望，你们的资助会成为我学习的动力，时刻激励着我，我会努力的学习，以优异的成绩来回报你们的大恩大德。

谢谢你们！谢谢你们！！我一辈子难忘的恩人。

贫困而幸运的学生：杨晶

2005年8月22号

An example of the letters written by the school children thanking us for our gifts.

**Our Rotaract Club of Hong Kong Island East held their 20th Anniversary last Saturday 20th August, 2005**



Group Photo of the Rotaract party held on 20th August, 2005, where everyone enjoyed a happy evening.

**Other photographs of Lingnan University Rotaract Club on 17 July 2005**



Hon Sec Andy shown here with the Rotaractors from Lingnan University.



A Group Photo of the Lingnan University Rotaractor taken with Hon Sec. Andy on 17th July, 2005.

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