



東風

Rotary 
Club of
Hong Kong Island East
TUNG FENG

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Last Meeting's Speaker: Dr. Tommy CY Chan

Dr. Tommy CY Chan is a Specialist in Ophthalmology at the Hong Kong Sanatorium & Hospital. He is a Clinical Assistant Professor (Honorary) at the University of Hong Kong, the Chinese University of Hong Kong, and Honorary Associate Consultant at the Hong Kong Eye Hospital. His special interests include corneal refractive procedures, cataract surgery, keratoconus management and anterior segment imaging.

Keratoconus treatment strategies have two goals: (1) stopping or delaying progression and (2) restoring visual acuity.

Keratoplasty:

In eyes with poor BCVA due to keratoconus, spectacles and soft contact lenses cannot restore high-quality vision. Rigid gas permeable (RGP) lenses are a possible alternative, given good patient compliance; 10 however, many keratoconus patients have ocular comorbidities, such as vernal keratoconjunctivitis or allergic seasonal conjunctivitis, that can make tolerance of RGP lenses poor. In these cases, doctors may perform keratoplasty (deep anterior lamellar keratoplasty; DALK) or implant ICRSs, using the femtosecond laser for tunnel creation. Doctors perform DALK if the patient has any of the following: apical corneal scar, very steep cornea (maximum keratometry [K] more than 65.00 D), or a thin cornea at the site of ICRS insertion. In eyes with deep corneal opacities, penetrating keratoplasty (PKP) may be needed.

ICRSs. Patients with poor BCVA and contact lens intolerance are good candidates for ICRSs, provided the central cornea is clear and peripheral corneal thickness at the incision site is more than 450 µm. Patients with corneal haze or opacity, severe keratoconus (K greater than 65.00 D), acute hydrops, or active or recent ocular infection or inflammation are not candidates for ICRS insertion.



THE ROTARY CLUB OF HONG KONG ISLAND EAST

香港東區扶輪社週報

Club 16340 District 3450 Chartered on 06 April, 1954 by
Charter President PDG (Uncle) John Yuen

Last Meeting:

Meeting called to order at 1:00 PM

Members attending were: P Bernard, DGE Norman, PP Rudy, PP Nancy, PP William, IPP Leo, Rtn. John, Rtn. Peter, Rtn. Tony

President Bernard started the meeting with announcements.

He then shared some photos of school visit to *The Church of Christ in China Kei Wan Primary School* which will be our Junioract partner. The School's Teachers are invited to attend our luncheon on the 18th August.



PP Nancy introduced the speaker.

Speaker DR. Chan gave a very informative talk on the topic of Cataract eye operation. Followed by many questions from our members. Rtn. Tony thanked the speaker in our regular Rotarian manner.

Red box: HK\$800

Meeting adjourned at 2:00 P.M.



District Membership Seminar - July 24th 2021

Report by President Bernard

HKIE Members in attendance: PDG YK, DGE Norman, P Bernard.

RI Director Surgeon Liu delivered opening remarks via zoom meeting. Membership Committee Chair Eric Chin presented status of membership in our district. As of July 4 2021, there are 108 clubs, members dropped from 2,586 to 2,520 due to net loss. There are 39 clubs with 10-20 members, 5 members with under 10 members, accounting to 40.7% of clubs with members under 20. A few clubs have big net loss (e.g. Greater Bay Area had net loss of -10 and now have 10 members).

District had added incentives - HK\$8000 for each new club, HK\$1500 per each female or young (below 35) members, and HK\$1000 for each new member. Rotaract clubs can now be formed without a sponsor club, and can also open their own satellite clubs, starting 2022/07/01

There were three panel sections on the topic of: Membership Retention, Membership Growth, and Satellite and New Rotary Clubs.

Group discussion followed:

- How can a club build up sense of belonging for members to stay?
- When conflict / argument rises amongst Rotarians, what are ways towards a solution?
- Why do some Rotarians leave Rotary permanently?
- What actions are needed to attract potential member to join?
- Please identify the elements that facilitate the formation of Satellite or Rotary Club?
- Please suggest how to organise a working team for Membership Group and the duties within the team?

Summary sharing were presented by each group after discussion. Much of the sharing were useful practical examples on what Online Academy and the panel discussions had summarised.

CP Alvin Lam, RC Innovation Hong Kong shared online tools for Membership Chairs, including member induction google form, exit interview google doc, and membership survey google doc. Also there is a google classroom for membership.

PDG Eric Chin and CO Jimmy Lau gave closing remarks. Every two months there will be a new member orientation, and there will be happy hour gatherings for potential new members from RIC. Presidents will also be invited so prospective members can choose the right club to join. CP Academy will also be re-launched, with one-to-one guidance from successful CPs.

All in all, very rich and practical sharing to help retain and grow membership.

Photos: Enthusiastic participants of the District Membership Seminar, PDG YK and DGE Norman



Announcements

1. Ladies Lunch: August 11th 2021

Happy Birthday to our Splendid August Boys

August 3 - Rtn. Alex Ling

August 6 - Dir. Kevin

August 9 - PP Laurence

August 30 - Rtn. Charles Man



What is Rotary?

Rotary is a global network of 1.2 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

Solving real problems takes real commitment and vision. For more than 110 years, Rotary's people of action have used their passion, energy, and intelligence to take action on sustainable projects. From literacy and peace to water and health, we are always working to better our world, and we stay committed to the end.

Just for Laughs: How the Invention of Zoom is Changing the World....



Club postal address : P.O.Box 47064, Morrison Hill Post Office, Hong Kong

Meeting Venue : Regal HK Hotel, Causeway Bay, Hong Kong

Meeting Schedules : Every 1st and 3rd Wednesday at 12:30 pm

Website : <http://hk.rotary3450.org/>