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PP Henry Chan,

PP Hubert Chan



Last Meeting: Featured Speaker: Jeff Rotmeyer, Founder of ImpactHK

Jeff started his talk with an introductory video of ImpactHK. Jeff passionately shared raw grassroot stories of his experience running ImpactHK.

ImpactHK has recently (since February 2018) opened The Guestroom in Tai Kok Tsui. The Guestroom, a new day care centre in Tai Kok Tsui, is the heart and focal point of ImpactHK's work. The Guestroom is a safe place for the homeless to visit – here, they can get fed, get new clothing, wash their clothes, get haircuts or just relax. Serving and showing kindness to the 400+ homeless people in the surrounding area,

the Guestroom fosters a sense of pride in the local homeless community and helps their rehabilitation. The Guestroom is run by Community Helpers, a loyal workforce that ImpactHK has helped to get off the streets.

In Jeff's point of view, the critical success factor for a transformational change for the homeless is: Friendship.

For those that are homeless, leading an ordinary conventional existence is not just about a roof over their heads. Many require a lengthy rehabilitative process to help teach them survival skills to function in society. We take a holistic approach to this – we offer all our homeless friends a plethora of guidance, advice and counselling. From personal counselling, financial management, mentorship, nutritional advice to physical activity, ImpactHK wants to equip these people the skills to successfully integrate into the wider community.

ImpactHK's goal is to provide the homeless with a connection to friends, society and a safe and comfortable home. When we feel that any of these homeless friends are willing, committed and ready to take the leap, we will endeavour to provide funds necessary for them to set up their own home. While getting the homeless off the streets and settled into employment and their own homes is the ultimate objective of ImpactHK, this is a long and painful journey for the individuals involved. ImpactHK seeks to provide a stepping stone that is filled with love, kindness and opportunity to help these individuals. We hope to provide a rehabilitative support programme that is totally holistic in its approach, offering: counselling, financial advice, mentorship, nutritional advice, physical activity, language learning and job opportunities.

Questions from the Floor came from Jason, PP Hubert, PP Rudy, PP Norman. In a very eloquent fashion our Rotarian Jason thanked the guest speaker:

"Jeff, we are touched by your enthusiasm and your dedication to help the homeless community. We feel your enthusiasm. Bringing 2 people out of homeless, and now 37 people out of homeless is absolutely commendable. We learnt a lot about your passion and your holistic approach to homelessness. Wish that there were more of you in Hong Kong, more of you in the world, and if so Hong Kong and the World will be a better place. Thank you."

THE ROTARY CLUB OF HONG KONG ISLAND EAST

香港東區扶輪社週報

Club 16340 District 3450 Chartered on 06 April, 1954 by Charter President PDG (Uncle) John Yuen

THE OBSERVER: LAST WEEK'S PROCEEDINGS

- P Gilbert called the meeting to order at 13:07
- It was a wonderful full house, we had two visitors: 1. Visiting Rotarian PP WH Fok from RC Peninsula South and 2. Guest of PP Rudy Law: Mofiz Chan.
- President Gilbert in his usual Rotary fashion welcomed back all members (as we all haven't seen each other in 2 weeks!)
- President Gilbert then delivered Club and District Announcements: Announcements:
 - 1. On behalf of Area 3, our two members: PP William Wong and Rtn. Bernard Lee have been elected to be the voting representatives for Rotary District 3450 Election for District Governor 2021-2022.
 - 2. There is the District Blind Bowling Tournament on January 20th. P Gilbert invited IPP Stacy to share about the Blind Bowling Tournament. PP Norman and IPP Stacy are forming a team. The more the merrier! Members do join!
 - 3. As there will be no meeting on January 30th (5th Wednesday of the month) nor February 6th, this means that our next club meeting will be close to 1 month away. Hence, President Gilbert is arranging a fellowship lunch on January 30th. Members please join.
- IPP Stacy read out Rotary Information.
- PP Andrew brought a gift (that was initially intended to be for our Christmas Party Gift Exchange) and this gift was raffled off to our lucky prize winner PP Tim! Congratulations to lucky boy Tim!
- IPP Stacy introduced our speaker Jeff Rotmeyer from ImpactHK
- P Gilbert kindly reminded all members of our 65th Anniversary Party! Mark your dates April 6th 2019!
- Red Box was: HKD1,300Meeting ended at 14:00

District Blind Bowling Tournament: Reported by IPP Stacy

On January 20th, early Sunday morning, our HKIE team consisting of PP Norman, his son Christian Lee, myself and our assigned Visually Impaired Player (name withheld for privacy) started off the games on Lane 5 at the South China Association Bowling Alley. It was incredibly fun, PP Norman taught me some slick moves and tips about how to hit a strike...and after 3 rounds I hit 3 strikes! (Pretty good considering I can't play to save my life) All around us were different types of teams, some teams consisted of serious players (constantly rolling strikes) and some others consisted of interact club members, or family members. It was a wonderful menage of great fun and everyone especially the visually impaired players were having a blast. A great event overall.

The District Blind Bowling tournament is in its 8th year and all 45 lanes were completely full. The Organising Chair PP Andy Li said that there were over 45 teams (each team donating 2,400HKD) which means that the event raised at least 60,000HKD for The HK Blind Sports Federation!

This event achieved:

1. Fundraising for a meaningful cause

(in a 3 hour period, a low estimate of the funds raised is 50,000HKD. High estimate is 90,000HKD)

- 2. Social Inclusion
- 3. Community Awareness

Would anyone like to play with us next year? Or sponsor part of this event? Please do join us! Thank you to the Rotary Club of Kwai Chung for creating such a great service project!



Rotary Information: Community Service Projects

Selecting the right project, therefore, is critical to the health of your club. Here are a few basic principles we've found to be true about service projects:

- Sweat equity is the single most vital aspect of our mission and one of our greatest strengths.
- Club leaders are responsible for both success and failure.
- Engaged Rotarians take responsibility for their own learning.
- Technology is important.
- Members should expect to serve.
- We need to recognize the volunteer resource represented by retirees, the self-employed, and non-working parents with time to spare.
- One-off walk-away projects do little to cultivate longer term engagement with Rotary.
- Hands-on projects provide opportunities for members to develop their leadership skills.
- Fundraisers are an important part of what we do, but there is much more to being engaged in Rotary.
- Rotary is more than being a member of a single club.
- Our <u>Rotary Foundation</u> is one of the finest vehicles for giving in the world.
- Club 501(C)(3)s are important to capture individual tax free donations in the USA. Setting one up is not expensive, and within the ability of club leaders.
- Rotaract, Interact, RYLA, and Rotary Leadership Institutes are important to our present and future.
- Most of us learn by doing.
- We need to watch out for the threat of status quo and board inertia.
- We need to say "yes" to good projects promoted by one or more of our members.
- Our ability to serve is proportional to the number of available volunteer hours.

With this in mind, we suggest any great project should have these seven attributes:

- Involve several of the six <u>Areas of Focus</u>. Our most recent project dealing with eye care for underprivileged children relates to basic education and literacy; maternal and child health, and disease prevention.
- 2 Be interesting to as many professions as possible. For example, our latest project is of particular interest to medical professionals, educators, and community and political leaders
- Benefit as many people in the community as possible. The bigger the better, as larger efforts will attract more media interest. By collaborating, you can engage small clubs in bigger issues.
- 4 Be affordable and grant eligible and pursue international partners. Collaborating with other clubs on district or global grants opens up opportunities for members to step into leadership roles and experience Rotary on an international scale.
- Involve multiple age groups, including <u>Interact</u>, <u>Rotaract</u>, <u>RYLA</u> participants, and all generations from Baby Boomers on.
- Address a major community issue and include a public image component that will stimulate local media interest and build relationships with media outlets.
- Involve a long range vision for sustainability and focus on long-term relationships. A series of related projects is a great way to develop ongoing relationships and retain membership interest. Small projects grow into larger efforts this way.

We believe doing all these things develops a "Service Centered Leadership" culture which results in a sustained and sustainable membership growth environment.

Service Projects Around the World

Lighting the Way to a Better Life:

Since the installation of more than 175 solar lights, families living on the Navajo Reservation in Arizona, USA, can now read, work, and study long after the sun sets.

A Pipeline to Clean Water:

Working with local community leaders, Rotary clubs piped clean water to remote villages in Ghana, freeing women and children from spending hours searching for and fetching water.

團年飯 - January 30th 2019

Reported by IPP Stacy

On January 30th, we had a cozy 團年飯

at the Shanghai Fraternity Association arranged by President Gilbert and PP George. Members attending were: President Gilbert, PDG YK, PP George, PP Tim, PP Hubert, IPP Stacy, Walter and PP George's two guests Melvin and Bert de la Rama.

The meal was incredibly sumptuous, some dishes were pre-ordered in advance (because of the prepping nature of the delicacy). Also PP George brought us champagne and wine to enjoy together. We chatted over mainly interesting current events & life, laughed and reminisced over fond memories of our club. It was especially nice for me (Stacy) to hear PDG YK talk about the time he was club secretary or rather it

was so great for me to hear from PDG YK because that evening was probably the first evening in 7 years of being a member that I had the chance to have a conversation with him! Also to see the strong bond among PP George, PP Hubert, PP Tim, PDG YK was really heart warming and inspiring. They have been HKIE Rotarians for over 30 years together. In fact, 80% of those present that night have been friends for over 30 years. (both Walter and Bert are PP George's friends from over 30 years ago too). In summary, we had a warm fellowship over a sumptuous meal and we all look forward to many more occasions like this.



Upcoming Meetings:

February 20th 2019 - What your fingerprints can tell you about You!

Happy Birthday February Boys and Girls! February 2nd - Tony Loy February 20th - IPP Stacy





Club postal address: P.O.Box 47064, Morrison Hill Post Office, Hong Kong

Meeting Venue: Regal HK Hotel, Causeway Bay, Hong Kong **Meeting Schedules**: Every 1st and 3rd Wednesday at 12:30 pm

Website : http://hkie.rotary3450.org/

Facebook : https://www.facebook.com/RotaryClubHKIslandEast