

EXTRA!

Vol.65 No.2 Sept 2017



THE ROTARY CLUB OF HONG KONG ISLAND EAST

香港東區扶輸社週報 Club 16340 District 3450 Chartered on 06 April, 1954 by Charter President PDG (Uncle) John Yuen

YAY! (Hello from President Stacy)

My Dearest Fellow Members, Dearest Members,

Hello! and greetings to you all! Hope that this message finds you well! August was an incredible month for us, and I am wondering how does it get any better than this?



Two highlights:

- 1. We completed our: "Discover the Entrepreneur in You" Vocational service project. We finished the project with 4 new Ambassadors to RCHKIE, and potentially the leaders of our new community based interact club catered to refugees/minority groups. (to be discussed in the upcoming club assembly)
- 2. We were able to reduce our minimum lunch commitment to 12 lunches. For the upcoming months we have two service projects:
 - 1. Empowering our Communities: Urban Farming Certification Course for Hearing Impaired/Autistic Individuals, starting November 2017.
 - 2. Swimming Above Self: Sponsoring swimming lessons to under privilege SNE students.

The more and more I dive myself deeper into Rotary, the more and more I am discovering what it means to me to be a Rotarian. For me, it is this fascinating intricate interlocked triangle of community service, fellowship and integrity. Through community service together we strengthen our fellowship, through our fellowship we connect more and more to each other and discover more ways in which we can give back to the communities; and finally through being a Rotarian and embodying and exemplifying Rotarian principles we spread integrity through our interactions with others.

I am really humbled and honoured to not only be a member of this establishment, but also to be the club President this year. Thank you everyone and I wish you an adventurous September!

With love and gratitude, Yours in Rotary, Pres. Stacy

Out & About

Welcome back Uncle John! After weeks and weeks of concern and uncertainty on behalf of our members, Uncle John delighted everyone by showing up for luncheon meeting on July 16th. Naturally it was great to see him back, and so recently Tung Feng caught up with him to ask a few questions which we are sure you have all been wondering.

TF: Uncle John, how are you?

U.John: I am fine but I get tired very quickly. No Energy.

TF: What has the past few months been like? We have all been so worried.

U.John: I have been through three surgeries since June. I have been under medica-

tion since then.

TF: Did you get bored?

U.John: Bored? Yes VERY!!

TF: How did you celebrate your birthday?

U.John: My two daughters and one from the US helped me celebrate my 88th Birthday

TF: Any message for our members?

U.John: Try to stay Healthy. Eat Modestly good Healthy Food. Stay Happy.

Stay well Uncle John. Keep resting and we hope to see you again soon!







Out & About (What we've all been up to)



Members have been out and about in July and August. Photos here include the RC Braemar Hill installation, RAC CC installation, and Heep Hong Yau Lai Centre graduation ceremony.







Meet the ambassador!

President Stacy is working hard at the moment to initiate a project which, like our Rookie Stars hip hop project, could have positive repercussions for years to come. Working with RAA (Rugby Academy Asia) we are trying to launch a series of training sessions to help young people get access to the game of rugby. With a view to helping build character, disciple and self-esteem (sound familiar?). With this is mind, P Stacy, IPDG Eric, PP Chris and Secretary Gilbert joined RAA founders Deacon Manu and Diana Li, to have breakfast with the Fijiian Ambassador to China, loaone Naivalurua.



An ex military man, Ambassador Naivalurua is keen to help promote rugby in China also, and sees the Fijiian brand of rugby as a good door opener. This all ties in nicely with the plans of RAA and it was generally agreed all round that we would try to get this off the ground. Especially with Deacon Manu, an ex Fiji and New Zealand internation, who has very high hopes for giving less privileged childen across Asia, access to the sport.

Return to Mongolia

IPDG Eric is off on his travels again, returning to Mongolia as part of the DG Visit contingent with DG H W Fung.



Rookie returns!

The Rookie Stars Dance Contest continues to grow from strength to strength every year. From its humble beginnings in 2011, to a District event with over 1,000 participants in early 2017. The good news is - it's returning in 2018, also as a District project. The other good news is, guess who is running it? Yes, IPDG Eric, who was the founding father of the project during his Presidency, will be Chair of the event itself, and he's planning great things. Tung Feng had time to have a word with him, and we asked him what he's got planned for 2018?

"I am planning to learn Hip Hop myself" (Er..why are we not surprised at this news?). The Rookie Stars 2018 will attract even more youths from overseas. In 2017, we had participants from 7 countries, including Hong Kong and China. It was the first time we made it such an international event, so we will be doing more of the same".

That's great to hear, but how will it be different from previous years otherwise? "We will invite more students from minority groups, and those with and special education needs. We want to reach out to those who can really benefit from the experience. This has always been the purpose of the event. Also, we will continue to innovate. This year we had the marriage of Hip Hop and classical music. We will also explore the fusion of Hip Hop and Tai Chi, something close to my heart and can be very entertaining."

Any learnings from this year? "We witnessed what we have believed all along - that Hip hop helps students enhance their creativity and brings out their self confidence."

How do you feel, having been the creator of this event? "Wonderful! Proud of our team members who have co-created and been behind the innovation since 2011 in Serving Humanity through Hip Hop."

Thank you IPDG Eric. We'll keep everyone posted about the..er..movements.



Saving lives through CPR training Our daughter club

Rotary Club of HK Northeast, chartered by our former member PDG Moses Cheng, is continuing this very meaningful service project. Last year, led by IPP John Wong, RCHKNE headed the project which helped to sponsor 1,628 HK residents to study/receive CPR/AED certifications. These are individuals who have been identified as family members/people close to 'high risk' heart failure cases. Hence these individuals really are a contribution to society because if called for they will be there to provide assistance at critical times to save lives. As Mother Club, we would like to participate in this project and we will sponsor approximately 20 individuals to join the course. These individuals are also from under privilege background. Furthermore, we can participate as students as well, hence if you would like to participate please contact P. Stacy for more details.



Tree cheers for the environment

The RI Initiative this year is that Rotary will plant 1 tree for every Rotarian. If this target is achieved then the world will have 1.2 million more trees in the Rotary Year 2017-2018.

As RCHKIE has 45 members currently, potentially our club will plant 45 trees in Hong Kong! Would you like to participate? The PPE (Preserve Planet Earth) committee has selected 3 locations in Hong Kong to plant trees. When the weather is cooler, we will choose one location and create a fellowship day to plant trees. Each tree donation is 100HKD. Please keep a look out for Tree Planting Day announcements soon!



Rotary International

Rotary clubs raise \$304 million in one year to strengthen communities and improve lives around the world

As part of Rotary's year-long centennial celebration of The Rotary Foundation – the global membership organization's charitable arm, Rotary clubs raised \$304 million to support positive, lasting change in communities around the world.

Since its inception in 1917 with its first donation of \$26.50, The Rotary Foundation is today a leading humanitarian foundation that has spent nearly \$4 billion to help countless people live better. Each year, The Rotary Foundation provides more than \$200 million to end polio and support sustainable projects and scholarships that promote peace, fight disease, provide clean water, support education, save mothers and children, and grow local economies Rotary's top humanitarian goal is to eradicate the paralyzing disease, polio. Rotary launched its polio immunization program PolioPlus in 1985, and in 1988 became a spearheading partner in the





Since the initiative launched, the incidence of polio has plummeted by more than 99.9 percent, from about 350,000 cases a year to 37 confirmed in 2016. Rotary has contributed more than US \$1.7 billion and countless volunteer hours to immunize more than 2.5 billion children in 122 countries.

"When we say that our Rotary Foundation is saving and transforming lives, we are not exaggerating," said Kalyan Banerjee, Trustee Chair, The Rotary Foundation – 2016-17. "With the continued strong support of our members, we will keep our promise of a polio-free world for all children, and enable the Foundation to carry out its mission of advancing world understanding, goodwill and peace. We look forward to another 100 years of Rotary members taking action to make communities better around the world."

Speaker programme

Incoming! Okay we have a good list of speakers coming up, which we are sharing here so you can be sure to mark your diaries (in case you didn't know, we meet every Wednesday at Regal Hotel Causeway Bay..). Looking forward to seeing you soon!

September 6th 2017 – Thomas Wong,

"What is Invest HK and how can it benefit you?" Investment Promotion Ambassador of InvestHK, Thomas Wong, will highlight what is InvestHK and in what ways we can leverage on the program.



September 13th 2017 - Vishal Nanda,

"The Invisible Illness"
In conjunction to Global Suicide Prevention Day
(September 10th), we have Vishal Nanda coming to
speak about his experience with bi-polarism. Vishal
is an incredibly dynamic and fascinating character,
he is a poet/writer/public speaker – he is a TED talk
speaker. He is definitely a speaker not to miss.



September 20th 2017 - IPP Jack To,

"Camino PT II: The Adventure Continues" IPP Jack To visited our club a few months ago telling us about his 1st adventure on his Camino walk. Now back from his 2nd walk, he comes back with more revelations and stories to share!



September 27th 2017 – 1st Club Assembly

This is our first club assembly of the Rotary Year. Please come to enjoy fellowship as well as get into discussion about our club in terms of our current and future plans.

Announcements

Club Announcements

- September 8th, we are having a Fellowship Hot Pot gathering, arranged by PP Jonathan. Unlimited drinks and over 30 items to choose from the menu. Please let P Stacy or PP Jonathan know if you are joining in the (hot) fun.

District Announcements

- The District PI Workshop is this coming Saturday, details as follows if you want to join:

Date: 2 September 2017 Saturday **Time:** 2:00 p.m. to 5:30 p.m.

Venue: Hong Kong Management Association,

1/F., First Commercial Building, 33-35 Leighton Road, Causeway Bay (opposite to Crown Plaza Hotel)

Fees: HK\$200 (enquiries : RIC)

 THE ONE Humanitarian Award is bringing a comedy show Battle of Da Sexes to Hong Kong on October 15, all proceeds from our ticket sales will go towards THE ONE and its humanitarians, and each ticket will come with a charitable receipt. Reserve your tickets at (852)6514 8886 or res@theonerotary3450.org.

ON A LIGHTER NOTE...P stands for....



OFFICERS

President Stacy Ho

President Elect

Secretary Gilbert Fung

Treasurer Rudy Law

DIRECTORS Club Administration Andy Wong

Fellowship Jonathan Lamport

International Service William Wong

Membership George Leung

Service Projects Leo Yu

Youth Service Laurence Chan

CHAIRS Rotary Foundation David Li

Service Projects
John Poon

Membership Eddy Wong

Fellowship Kevin Leung

IT Angus Leung

Vocational & PPE Stacy Ho

Sergeant-at-Arms John Poon

PP COUNCIL REP. George Leung

EX-OFFICIO Chris Kyme

CLUB ADVISORS Eric Chin, YK Cheng, Andrew Chen, John Kwok Henry Chan, Hubert Chan

Club postal address Meeting Venue Meeting Schedules Website Facebook : P.O.Box 47064, Morrison Hill Post Office, Hong Kong

: Regal HK Hotel, Causeway Bay, Hong Kong

: Every Wednesday at 12:30 pm : http://hkie.rotary3450.org/

: https://www.facebook.com/RotaryClubHKIslandEast